

# **DOLPHIN LOG**

**Collection, Year 2011**

**The Bulletin of the  
Dolphin Swimming & Boating Club  
San Francisco, Established 1877**



**Dolphin Swimming & Boating Club  
502 Jefferson Street  
San Francisco, CA 94109**



SPRING 2011

# DOLPHIN LOG

THE BULLETIN OF THE DOLPHIN SWIMMING & BOATING CLUB • SAN FRANCISCO • ESTABLISHED 1877





# Once 'Round the Cove

## Dick Rittger

### Dolphin Log

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Joe Illick, *Editor*  
Sunny McKee, *Graphic Designer*  
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### Contributing Historian

Walter Schneebeli

### Published By

The Dolphin Swimming  
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502 Jefferson Street  
San Francisco, CA 94109  
www.dolphinclub.org

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### Printing

MC Printers

### Prepress

Royce Color, SF

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The August morning of the 1935 Golden Gate Swim was cold and bleak. The tidal conditions were described as "not too hot," and a fog obscured much of the bridge. "The wind from the west," the *Chronicle* reported the next day, "created small choppy waves that slapped the swimmers off stride and tried to run down the mermen's throats." An oil tanker passed just in front of the swimmers, its wash sending them backwards. The first to touch Lime Rock was new club member, Dick Rittger who completed the crossing in 25 mins 58 secs, a decent if not spectacular time, and finished a hundred yards ahead of the favorite and previous year's champion, Johnny McManus. Not bad for a man with only one leg. On hand to greet Rittger back at the clubhouse and present the trophy was San Francisco Mayor Angelo Rossi. It was a time when journalists tended toward the florid, which is why, according to the next morning's *Chronicle*, Rittger was "red to the roots of his hair." But if you're considering removing an unnecessary appendage in order to become a Dolphin champion, think twice. Herman Morken, another one-legged swimmer in the same race, could only manage 18th.



Left to right: Don Baggiani, Paul Silvester, Mayhood, Dick Rittger and Dennis Mahoney. Rittger, who is a one legged swimmer, figures to be one of the men to beat in one of the year's hardest swim grinds.



A Little Help From The Mayor - Dick Rittger, one-legged swimmer, is being supported by Mayor Angelo Rossi after the gruelling swim across the bay. Mayor Rossi presented the trophies to the winners. 1935

### Dolphin Club Building Fund

The Dolphin Club Building Fund was established in 1998 to provide a cash reserve for necessary capital expenses of significant magnitude, such as the unexpected need to rebuild our dock in 2007 and 2008. From the beginning, the San Francisco Parks Trust was our fiscal sponsor, bringing us under the umbrella of their 501(c)3 status, thus allowing a tax deduction for the donor of any gift to the Building Fund. We were recently notified that our Building Fund (which is stagnant by design) was going to be steadily depleted by the imposition of a percentage fee to be levied by the S.F. Parks Trust on each donation coming in and any money going out. Without hesitation, Baykeeper has welcomed Building Fund under generous terms that will preserve all donations for their intended purpose. Your tax deductible donation should be made by check payable to (or securities endorsed to) "Baykeeper", with a notation on the memo line "Dolphin Club Building Fund". All donations should be sent to Sunny McKee, 502 Jefferson Street, S.F. CA 94112.





# Old Timers Crab Luncheon



*Barkeepers*



photo by Pete Neubauer

*Life members joining 1980-1986*



*The family that cracks crab together*



*A Sisyphean task*



*Life Members, 31 years or longer*



*The orchestration*

## Apologia

The photographer responsible for this years "group photographs" of the Life Members, regrets with sincere apologies that this years photographs did not turn out.

For more information feel free to contact John Perino,  
johnperino@yahoo.com  
or 415-706-0898

# How Cold Is It?

Vincent Huang

I'm guessing by the time you read this, spring will be in full bloom, and the passing of the 2010/2011 Polar Bear Swim will be just a faint memory. During the Polar Bear season it's always amazing how busy the club becomes with members almost obsessively counting and marking their squares after their swims. I swim regularly with the MWF 6am-ish group, a gang that has grown steadily over the past several years until we have numbered as many as 14, all wearing a rainbow assortment of colored Road ID lights before we jump into the abyss of darkness, leaving a colorful trail that resembles Christmas as we meander in the cove. The challenge for us, and others who dare to be polar bears, is obvious. Stick-to-itness. Who would want to swim 40 miles in winter but the most tenacious individual? If there is any doubt, look at the frenetic activity, particularly during the last week of the PBS when many are taken to double dipping. All to earn a 2"x3.5" white marble representative ice block, that I find after 30 plus years of collecting, is still not enough to tile even half a bathroom floor.

The physical challenges of swimming during the winter for some may be to find just how tolerant or stupid we can become in the cold water, constantly measuring the temperature and bragging about how long we can stay immersed and survive intact. In fact, some of us may even be clinically addicted to the sensation of near hypothermia. It is particularly evident when we characteristically come stumbling out of the water with that disoriented deer-in-the-headlights look paired with that signature glazed facial expression that resembles a bad case of Botox overdose. Also, there's the inability to speak in complete sentences, numbed fingers that are clawed and translucent, sensitive feet and toes,

and that classic cooked-lobster look that leads to systemic itchy skin once we make it to the showers.

Despite that, all we care to know is, "how's the water?" You also know you and others are near hypothermia when the sauna is full, yet quiet apart from the sounds of deep breathing and the occasional shout of "shut the door" while others ask nervously, "is this on?" Another interesting side effect of swimming in the bay during winter is how it impresses the uninitiated common sensibility in how we become compulsively neurotic to repeat this act again and again. I'm told this compulsive addictive behavior has several similarities to chemical addicts. The irrational behavior may be about the endorphin high, but how and why those kick in and not hibernate when it's "friggin cold" remains a mystery. Perhaps it's from the vasoconstrictive response from the cold that restricts blood flow to our brain. So, just how cold is it when it does affect rational behavior? How cold it gets and

how cold we feel may be difficult to quantify in absolute temperature values but perhaps more telling by the individual subjective experience.

Many of us now wear multi-function sport watches that include a thermometer. However, the only ones allowed into the daily sauna discourse during temperature discussions are those that read in tenths. So then, how cold does it get? Well, after years of swimming through the winter months, these are the wise, universal, collective and conclusive truths we know about cold water in the cove. The buoy line is always colder. The coldest spot in the cove remains the flag, aka the black hole during the winter months. This is particularly pronounced during a low ebb tide. It is noticeably always colder in the morning than any other time of the day. The temperature differential between the flag thermometer and second Balclutha buoy (the "kebbe") thermometer can be as great as two degrees. But how cold the water is depends on whom you ask. With all



photo by Sunny McKee

*The oracle decrees the daily affliction from  
NOAA's Tide Pier in Crissy Field*



our fancy watches, the range can still vary within a degree and a half or so. That's significant and can easily play on the psyche of those yet to dip their toes in the water. But for those of us, who swim in the dark and suffer from middle age far sightedness, and find the digital fonts on our watches near impossible to read without glasses, we often resort to a more conventional low tech measuring tool. This has been used since the beginning of the first PBS, 37 years ago, providing consistent and reliable results...the scrotum-meter. It works simply... if you also look like a chipmunk when you get out of the water, the temperature is surely at most 50 degrees F, if not below. That's for the guys. For women, the equivalent would be the standard nipple meter reading, which works conversely.

But exactly how cold does it get when the deck is white with frost and the foot bath sheeted with ice?

Now, the air temperature comes into the equation as you breath in cold air that can chill and lower the core body temperature. So during the winter months, many of us are mindful of the combined effect of both air and water temperature. For reference, the Mendoza Line for low water temperature is 50 degrees F and anything under a combined air and water of 100 degrees F (aka,

though I say so myself, the Huang Index) is without doubt, noticeably very cold. Nearly half the days during this past winter, based on our 6am readings were under 100. You can begin to see how complicated it is determining how cold it is.

But, to quash all debate, many have come, reluctantly, to collectively recognize the "official" temperature online from the 6am NOAA reading, located at the former coast guard station near Fort Point. We look at both water and air temp and when the air is stinging cold, you have to factor the wind chill.

Now, back to those squares. This winter we added a new feature to the PBS that can earn you squares. This limited opportunity can only be offered whenever a winter storm hits, small craft warnings are posted, all flags are flying horizontal, the waves are thrashing over the dock apron, you're being body slammed on the beach, every other breath you're swallowing mouthfuls of water and you wonder why, even the South End sunrisers are staying in the cove. That moment of clarity and fear makes you wonder if this is survivable. Well, now you can get credit for that vertical feet gained swimming in the unforgiving choppy waters of the bay. About 1200 vertical feet should give you one square....of course in

order to mark these squares, you have to have an altimeter on your watch. That's another article in itself.

And finally, for us polar bears, there is always the satisfaction of doing what few do. Later, wherever we may be in our day, we may reminisce briefly on the course/squares swum earlier, the shower/sauna comradery with the good and bad jokes, conversations of sport scores, lost wagers, world news and bikes, and finally just before we leave, the rewarding ritual joy of claiming our squares. Then without warning, at the most inopportune time, you suffer an episode of PSNDS, post swim nasal discharge syndrome; the sudden unleashing gush of clear fluid, mostly of bay water. Nature's sinus rinse in reverse. Fortunately, this phenomenon, experienced by many, only seems to occur during the winter months, when it's cold.

*And the winners for our PB this year are Ted Tilles with 50.0 degrees for coldest water and Rebecca Tilley with a combined reading of 93.5°F, the actual combined was 89.4 degrees F.*

## A Slim Minority

Terry Horn

**M**y wife, Libbie and I joined the Dolphin Club about five years ago at the suggestion of our friends, Cory & Jim Ferrara and Bob Lowney, to prepare for a Trans Tahoe relay. I was born in San Francisco and grew up in awe of the hearty, crusty old souls who swam in the icy waters of San Francisco Bay. But now, at 50 something I was one, and about to become a true San Franciscan.

As my first winter rolled around I heard about the inner circle of Polar Bears. To me this was the elite of the

elite. Libbie jumped first, getting her Polar Bear soon after we joined. I thought for me it was an impossible task. The next winter I heard of this guy who swam more than once a day towards his Polar Bear. I thought it must be one of the older crazies who maybe had worn their goggles too tight for too long. But no. It was a young bearded guy named Pete, who became my new hero. Move over Willie Mays, welcome Pete Perez.

Pete was attacking the First to Forty record. The elite of the elite! His theory was to take short dips - a flag and back - and not get too cold. Then a quick shower and warm up in the sauna before re-entering the water. Hmm. That sounded reasonable. Well, it was more that reasonable,

it was logical. Right Mr. Spock? With Captain Kirk - aka Emma as pilot - Pete achieved success.

But I had a particular problem. I had read a few stories in the Dolphin Log penned by members of minority groups: Asians, women, gays, and it occurred to me that I, too, was a member of a minority: the lightweights. Weighing in at a few marbles less than 140 pounds, I found I could not stay in the water as long as the rest of the brother and sisterhood. I could not fully participate. Long swims were beyond my range.

Then I met Ruben. You know, the tan fellow who looks at the water and reads it like, well, an open book! I took to paddling a kayak on these longer swims and found I could participate.





photo by Libbie Horn

*Lightweight Terry Horn takes his 3rd dip of the morning*

Reuben taught me how to guide swimmers swiftly and safely home.

Having found a way to participate in club activities, I wondered whether I could become one of those elite Polar Bears? The plot thickened when I heard that a number of the Fearless Phins had swum the English Channel. Whoa! Talk about the elite of the elite. Just think that more people have climbed Mount Everest than have swum the Channel. Who are these gods? John, Tom, Laura, Suzane, Duke, Suzie and up pops the name Pete again. Pete had done a family relay and was training for a solo swim. I really had to talk to him.

I did, and in 2008 I was determined to undertake the Polar Bear Challenge. That year the temperature dipped into the high 40s, but every time I visited the club, I used Pete's method and swum four Flags. I would do four swims each visit. It took awhile but it was worth it. I had incredible support from my sauna mates and got to know the 6 o'clock early birds, the 7 o'clock crew, the 8 o'clock swimmers and the 9 o'clock dawdlers. They are all a little different, (HOW?) I got my Polar Bear, became a true Dolphin, and said that's it. Never

again. The next year I accepted a humble Old Goat 20-mile plaque.

Then the spring of 2010 rolled around and Pete asked me whether I wanted to be a part of an English Channel Relay. Without any hesitation, without even asking my wife, I said yes. Later Libbie said sure if she gets to come to Europe, too. Fine, we're off to Dover in June, 2011, right? Well, not so fast. I have to qualify for the team. I had the requisite criteria of being a member of the esteemed Dolphin Club, a pulse above zero and not bouncing the entry check; what more could there be? Turns out there were swim requirements. I had to swim 2 hours in water that was 61 degrees or less.

Back to my mentors Pete and Emma. I had swum for about 1 hour and 50 minutes in Greece, so I thought I could easily swim two hours. But the temperature in the Mediterranean was 72, a far cry from San Francisco Bay. I started at about 45 minutes and began upping the time. Pete and I would meet before dawn, downing warm Ensure and taking stops for warm supplements and gu. Pete is the best! As I approached the dock after a swim, he would say 'back to the

Oprah' - and off I went. Gradually my time increased, and as others learned what we were doing, we got tons of love and support.

But the two times I tried twice to swim for two hours I did not make it.

With all that training, when the 40-mile challenge came round again, thanks to the incredible acclamation Pete gave me, I was ready for it. When the temperature was back up to 52 degrees, I was back to multiple dips. People in the sauna would say I was crazy. Well, as you double dippers know, and others don't, it's easier to get in the second time.

From attempting to qualify for the relay, I could say I learned a lot about myself or, rather, that Pete and everyone at the Club taught me a lot about myself. Everyone swims at his or her own speed. We all swim as long as we can. We never swim alone; there are always others to encourage us. We cook for each other; we clean up for each other; we time each other; we pilot for each other; we participate in sometimes fun and sometimes challenging conversations in the sauna together. We relish beautiful sunrises and sunsets together. The Dolphin Club is a great place to be.

# Captain Matthew Webb

Larry Scroggins

## First Swimmer to Cross the English Channel

Matthew Webb was not so slighted. When he successfully swam the English Channel in August, 1875, the world took notice. His biographer, Kathy Watson, reports the reaction in her book, *The Crossing*. The swim “made Webb more than merely famous, it recast him in heroic mold. In England, he was seen as a peerless example of manhood, a role model for the nation’s youth.... here in the papers, over and over again, was his story in full. Hour by hour, sometimes minute by minute, his long swim was recorded.” The *New York Times* reported that, “From the remotest village in the Highlands, down to the lowest slum in Wapping, there is probably not a soul to whom the name of Captain Webb is unknown.” His crossing was not the first amphibious success, but it was the first with no artificial aids. Captain Webb was dressed only in the standard swimming costume of the time and employed a steady breast stroke at a relatively sedate twenty strokes per minute. The man was



resolute and epitomized the saying, “slow and steady wins the race.”

A year and a half earlier, he had dived from the side of the steamship

sailing liner, *Russia*, attempting to save a seaman who had fallen from the rigging. His action was purely spontaneous and typical of his stubborn, physical courage. Fortunately, someone saw the plunge into the gale-tossed sea and the ship dispatched a rescue boat. Almost forty minutes later, he was hauled by his hair to safety only seconds from being left to his fate. The passengers on the liner took up a collection and gave him a purse of gold. The Royal Humane Society awarded him the “Stanhope Gold Medal.” Ceremonies and award dinners followed in profusion on his arrival in England which he apparently enjoyed, but he never capitalized on his fame with paid performances. In the classic manner of his acceptance speeches, he said, “I shall always look back upon being the recipient of the first gold medal given away as one of the most fortunate coincidences in what, I am bound now to admit, has been a somewhat fortunate career.”

Only eight months before this, in August of 1872, J.B. Johnson had made an attempt to swim the Channel. He employed a new, powerful, overhand style of swimming and was captain of the prestigious Serpentine Club in London. At twenty-three years old, he was a handsome physical specimen with a string of swimming medals. Known as the “Champion Swimmer of England,” Mr. Johnson hired a brass band to serenade his start in Dover. About two hours and two brandies later, he boarded the steamer that was acting as his pilot craft. He was too hypothermic to drink the proffered beef tea, but continued sailing for Calais. Just before they reached the harbor, he was revived sufficiently to re-enter the water and swim to shore. He allowed people to believe his attempt had



*Captain Webb is fed mid-Channel: Beef, tea, coffee, and beer.*



been completely successful. When the truth emerged, he found refuge from the resulting disrepute in the distant and former Colonies.

Lacking J.B. Johnson's speed, Captain Webb substituted exponential fortitude. Two weeks before his successful crossing, a fierce storm interrupted the first attempt midway across the Channel. According to Ms. Watson, his exit was "not a moment too soon. Fifteen minutes later, the sea was in such a rage that the [small pilot] boat would have been forced away from Webb and he would almost certainly have drowned." Less than fourteen days later, he was back in the water for a second go. This time, he completed the journey and landed near Calais in twenty-one hours and forty-five minutes. He sustained himself with beef tea, beer, and coffee. A supplement of cod liver oil made him sick and he vowed not to take it again. When he swam into jellyfish, a dose of brandy helped to lessen the sting.

In an exclusive interview with the Daily Telegraph Captain Webb said, "I went into the water determined either to reach the other side or sink. All I can say is that I kept

pegging at it, and it was a terribly hard job towards the end, but I was determined not to give up as long as I had strength to move a limb." The reporter later said, "The captain is a bad hand at spinning a yarn, and is inclined to be very brief about it."

The hero's reticence left plenty of room for others to fill in the blanks and they did. From Dover to London, people threw banquets and gave speeches in his honor. When he arrived in his home county of Shropshire, it took him an hour and a half to get out of the train station and into a carriage which the crowd insisted on pulling themselves. By the time they reached his birthplace in Dawley, the parade was so large that even the livestock wanted a peek. Almost 150 years later, a replica of Farmer Fletcher's pig graces a brick fence with its trotters perched atop the barrier.

Captain Webb's accomplishment remained unmatched for thirty-seven years. Finally in 1911, after fifteen failed attempts, Thomas Burgess crossed in 22 hours and 35 minutes. Even now, fewer people have successfully completed a solo

swim of the English Channel than have climbed Mt. Everest. For some few, the crossing is a race to set a new record. For most of the rest of us, it is an opportunity to emulate the pioneer's dogged determination.

But Captain Webb himself refused to rest on his laurels. He participated in a series of stunts, at one time floating in a tank for 128 hours. His last hurrah was an attempt to swim through Whirlpool Falls at the foot of Niagara. He did not survive.

Perhaps the age of true human marvels is past. Two men recently rowed across the Pacific Ocean and received a scant few column inches in the San Francisco Chronicle. The papers of Midwest America made no mention at all. Since 1977, men and women have run nonstop each July from Death Valley to Mt. Whitney. They cover 135 miles and 13,000 feet of vertical ascent with no national press coverage whatsoever. In fact, very few people have even heard of the Badwater Ultramarathon, much less the name of the first person to complete this satanic test.

## John Wieland (1829-1885)

### Club Founder

**T**he *Wieland*, the flagship of the Dolphin fleet and a boat, or "barge" which the fair members of the club have rowed successfully against their adjacent rivals for the last ?? years, is named after one of the two patriarchs who founded the club: John Wieland was an upstanding burgher of early San Francisco

With many years experience in farming and wine-growing already under his belt, the 20 year-old Wieland, decided to try his luck in America. He left his native Wurtenburg in 1849 to join his uncle in Philadelphia, but this was a time when the hottest place on the planet was 2,000 miles further west. With

no ties to bind him, two years later the young Wieland took passage round the Horn, and, after a stint in a bakery, was soon panning for gold on the South Fork of the Yuba River near Nevada City. He did very well. Within six months he had saved enough to come to San Francisco,



where he bought a partnership in a bakery. A few years later he swopped baking for brewing creating the Philadelphia Brewery, and would soon become the sole owner of the largest brewery west of St Louis.

The brewery, together with the Wieland home, was located on Rincon Hill at the corner of 2nd St and Folsom. This was the most exclusive part of town and the prospect of a brewery did not sit well with his neighbors. But when one of them offered to buy his land, Wieland responded by offering to buy theirs. The negotiations went nowhere.

Between his successful business ventures, he found time and energy to marry and to father eleven children and by 1877, with his restless sons approaching maturity in the midst of a restless town, he looked around for an outlet for their energies. Rowing was the sport of the time. There was an assortment of rowing clubs south of market for amateurs and professional oarsman, who, spurred



on by gamblers, would race their Whitehalls along the waterfront.

Everyone in San Francisco was an immigrant from somewhere, and naturally, there were strong affiliations to those of a similar language and culture. Wieland turned to a fellow German and neighbor, Valentin Kehrlein Sr., who had sons of a similar age (see Dolphin Log, Summer 2010), to find a healthy occupation for their sons. The two patriarchs got together in August 1877 to create the Dolphin Swimming and Boating Club, and leased a small cabin at the foot of Leavenworth Street. Originally, they had considered the Adelphi Club, maybe because of the Philadelphia connection, But that evolved, perhaps via the genus Delphinus, to the Dolphin Club. Two of Wieland's sons, Hermann and Adolf, were charter members. Charles, Robert, and John Henry, who went on to be Club President, would soon follow.

In 1885, Albert the youngest son was filling a toy steam engine with kerosene in the family home when it caught fire. His father together with Hermann and daughter Bertha rushed to the rescue. Their clothes ignited and all received extensive burns. John Wieland, now 55, and his daughter never recovered. Wieland had become a leading member of the community and thousands turned out to pay their respects. Among the pall bearers were City fathers, sugar titan Claus Spreckels and several Dolphins.

None of Wieland's children stayed with the Dolphin Club long and only one, Charles, lived past 35. But fast forward 113 years to 1998 when an article in the *San Francisco Chronicle* describing the re-launching of a refurbished Wieland barge caught the eye of Jeff Wieland five generations removed from the Club's founder. He joined right away and was soon an active member of the rowing program. Then in 2010, his daughter Andrea also became a member. The circle is complete.

*Keith Howell*

*Assisted by Club Historian Walt Schneebeli who eschews, vehemently eschews, any errors there may be.*



*From left: Club historian Walt Schneebeli, Winifred Jahnigan (nee Wieland), the club founder's great granddaughter, and Dolphin Club members, Jeff Wieland and his daughter Andrea*



*Left: Wieland beer bottle perhaps dressed for prohibition*





photo courtesy of John Horner

1926 - Initiates at the Serpentine Swim Club, Hyde Park, London

## Serpentine Plunge

Joe Illick

It's usually problematical, whether traveling in the States or abroad, to find an appropriate place for open water swimming. Manhattan, for example, is bounded by two rivers, but access to either is not apparent or easy. As I noted in a Log article (Fall 2004), neither the Park and Recreation Department nor the Coast Guard were helpful, though a voice at Charter pro Yachts suggested two points of entry to the Hudson: the 79th St. boat basin or the Hudson River Park at 150th St. I finally ducked under the West Side Highway at 97th St. and climbed down to the river, but I don't recommend it.

In Boston, on the other hand, the L St. Bathhouse (now sometimes called the Curley Community Center), in addition to its gymnasium allows one access to the harbor – and even to its competitive swims if you arrive on the right day. The Charles River is swimmable, although I was the only one taking advantage.

And abroad! When I arrived in London, my first thought was to find a swim club on the Thames, but investigation convinced me there was none. Logical, I suppose, since the river is full of sewage and in the vicinity of the City and the docks boat traffic is intense. Upstream, say at Kew or Richmond, it's safer and maybe cleaner if you must swim. An online commentator observed: "you can certainly fall in it. I have. While drunk. In a heavy coat. I am not a strong swimmer. I am, however, an idiot."

Sanity probably demands that you find one of the ponds in Highgate or the lido in Tooting. I chose the Serpentine, not because of the naked tots pictured here but because I heard there was a swim club on the bank of this 28-acre recreational lake created in Hyde Park in the 1730s by Queen Caroline, wife of George II. Open from 6 to 9:30 a.m. yearlong to club members but only on Saturdays and Sundays in the summer, when the temperature allegedly climbs to 70 degrees, to one-day customers, swimming is confined to a rectilinear area marked off in 1930. Since then it has been a training place for Channel swimmers.

My plane arrived in Heathrow at six in the morning in early November, giving me time to Tube into the city, drop my bag at the hotel, and walk to the Serpentine in search of the fabled swim club. When I mentioned the Dolphin Club, I was graciously granted entrance. The locker room, perhaps a bit larger than our weight room, accommodated both men and women (very unBritish, I thought); privacy was a matter of turning discreetly to the wall to change. I donned my trunks and cap, and as I headed out the door asked the gentleman who admitted me what the water temperature was. "45 degrees," he said, "but you don't have to go in."

That alternative never occurred to me, and of course I went for a swim. But when I returned I asked him where the sauna was. He responded by offering me a cup of tea.

Perhaps other Dolphins will advise us of their experiences in other American cities.



## Swim Commissioner's Report

Let's hope the spectacular weather that graced our club first swim of 2011 is a portent of things to come. But one way or the other, Pier 41 really started the year off right. Not much to report from the Swim Commissioner's office, but we do have two things: a change in the schedule and we want to remind you of a new system for signing up for helps.

**NOTE CHANGE:** Our Alcatraz swim will take place on SUNDAY, SEPTEMBER 18th.

This change is to avoid a conflict with the South End's annual Alcatraz Invitational.

**HELPS:** Because helps have been difficult to track, and because we definitely want to make sure everyone gets credit for that hard work, we request that you contact the individual team captains to sign up for your helps. Those captains will report your name to us for recording in the database. That way, we know you showed up and pitched in, and you know you will get counted.

### Contact info for your team captains:

Check-in -- Eric Shupert (eps307@hotmail.com) 608-217-8356

Timing -- Polly Rose (tvwasok@earthlink.net) 415-652-0598.

Galley -- Sam Ferguson (samjferguson@yahoo.com) 415-728-6793

Boat Partners -- Diane Walton (dolphinboathouse@yahoo.com) 415-244-6264

Clean-up -- Neal Powers (nipowers@earthlink.net) 415-269-6362

By the time you read this we're sure this will have become second nature and that you will all be well on your way to collecting the three swims and two helps or pilots that you'll need in order to qualify for Alcatraz and Golden Gate.

Congratulations to all of this year's Polar Bears.

*Lolly Lewis, John Ottersberg, Eric Shupert*  
Dolphin Club Swim Commissioners

## DOLPHIN LOG SWIM STATISTICS

<b>New Year's Day Alcatraz Swim</b> <b>JANUARY 1, 2011</b>		11 Nogue John 22:28 12 Stone Andy 22:45 13 Oji Arnie 22:52 14 Cufino Erik 23:23 15 Hubenthal John 23:25 16 Madero Daniel 23:45 17 Omran Joe 23:51 18 Buckley Eileen 24:11 19 Navarro Gerard 24:31 20 Coren Ken 24:35 21 Atkins Laura 24:41 22 Adams Jay 24:52 23 Davis Tom 25:09 24 Chambers Kim 25:21 25 Powers Neal 25:45 26 Gustin Mark 25:51 27 Robinson Mark 26:11 28 Frew Jim 26:12 29 Hornor John 26:14 30 James Doug 26:30 31 Bushee Ward 26:44 32 Neubauer Pete 26:45 33 Allen Susan 26:48 34 Russell Jeff 27:18 35 Badessa Dean 27:21 36 Lubiszewski Mark 27:34 37 Wallace Cheryl 28:00 38 Illick Joe 28:01 39 Frank Ken 28:03 40 McEvoy Jackie 28:21 41 Offen Hal 28:29 42 Murakami Piper 28:33 43 Kim Hyo 28:37 44 Spallone Joe 28:57 45 Hassan Rey 29:28 46 Powning Will 31:05 47 Gannon Joe 31:13 48 Sloan Carrie 31:35
<b>Pier 41 Swim</b> <b>FEBRUARY 12, 2011</b>		49 Sasaki Anne 33:12 50 Wood Janice 34:21 51 Kyle Athena 35:34 PILOTS: Lisa Adrian, Marcus Auerbuch, Jon Bielinski, Barry Christian, Rich Cooper, Gary Ehram, John Grunstad, Don Harrison, Reuben Hechanova, Nancy Hornor, George Howell, Liz Kantor, Bob Mackey, Mary Magocsy, Jackie Merovich, George Morris, Kent Myers, Phillip Rollins, Emily Roth, Bill Schroeder, Rafael Torres- Gil, Diane Walton, Robert Weil, Elizabeth Zamos HELPERS: Cynthia Bacyn, Ross Browne, Kim Chambers, Tom Davis, Joe Ferrero, Brian Fitzgibbons, Ken Frank, Joe Gannon, Sue Garfield, Tammy Gustin, Richard Haymes, Reuben Hechanova, Mia Hershisier, Athena Kyle, Susan Lauritzen, Loretta Madden, Janice McCall, Jackie McEvoy, Laura Merkl, Carol Murphy, Pete Neubauer, John Nogue, Jim O'Connor, Hal Offen, Zach Oji, Arnie Oji, Joe Omran, Roxy Phifer, Daragh Powers, Neal Powers, Nishanth Puchalapalli, Rob Schroder, Carrie Sloan, Joe Spallone, Andy
<b>Gas House Cove Swim</b> <b>MARCH 4, 2011</b>		Stone, Monica Towers, Paul Vanhoven, Cheryl Wallace, Janice Wood, Noah Zovickian 1 John Renko 19.27 2 Laura Burtch 20.05 3 Stephen Schatz 20.27 4 Ross Browne 20.34 5 Mickey Lavelle 21.11 6 Tom Nuckton 21.18 7 Cesar Manzano 21.20 8 Keith Gray 21.35 9 Joel Bleskacek 21.50 10 Paul Vanhoven 22.15 11 Alan Budenz 22.48 12 John Nogue 22.58 13 Morgan Kulla 23.14 14 Erik Cufino 23.38 15 Andrew O'Mahony 23.45 16 Kate Coleman 24.24 17 Joe Spallone 24.33 18 Laura Atkins 24.35 19 Bill Burke 24.40 20 Gina Rus 24.48 21 Gerard Navarro 25.04 22 Doug James 25.08 23 Joni Beemsterboer 25.14 23 Joe Omran 25.14 25 Jay Adams 25.19 26 Ken Coren 25.20 27 Mark Gustin 25.22 28 Rick Avery 25.35 29 Susan Allen 25.43 30 Neal Powers 25.46 31 Pete Perez 25.58 32 Ted Coyle 26.13 33 John Hornor 26.25



## DOLPHIN LOG SWIM STATISTICS

34 Jeff Russell	26.35	9 Cesar Manzano	32.09	Strelchuk, Peter van der	32 Joe Gannon	54.35
35 Ken Frank	26.46	10 Joel Bleskacek	32.15	Sterre, Jen Votava, Diane	33 Joe Illick	57
36 Pete Neubauer	26.48	11 Mickey Lavelle	32.42	Walton, Connie Wellen	35 Janice Wood	57.44
37 Ward Bushee	26.54	12 Arnie Oji	33.52		36 Susan Lauritzen	69.03
38 Dean Badessa	26.56	13 Jason Prodoehl	34.02		DNF Nishanth Puchalapalli	
38 Dawn Holley	26.56	14 Luke Donovan	34.2		DNF Richard Haymes	
39 Sam Ferguson	26.59	15 Joe Omran	34.31		DNF Anne Sasaki	
40 Mark Lubiszewski	27.24	16 John Nogue	34.35		PILOTS:Lisa Adrian, Jon	
41 Keith Howell	27.37	17 Morgan Kulla	34.42		Bielinski, Carol Block, Gerald	
42 Robin Rome	27.51	18 Nancy Cutler	34.47		Block, Rich Cooper, Don	
43 JackieMcEvoy	27.56	19 Rick Avery	35.25		Harrison, Reuben Hechanova,	
44 Richard Haymes	28.01	20 Eileen Buckley	35.52		Brian Herrick, Terry Horn,	
45 Emma Perez	28.18	20 Kate Coleman	35.52		Margaret Keenan, Steve	
46 Carrie Sloan	28.33	22 Pete Perez	36.25		Lathram, Mark Mauberret, Jon	
47 Cheryl Wallace	28.55	23 Ken Coren	36.56		Meyer, John Robiolu, Emily	
48 Michael Matthey	29.03	23 Mark Gustin	36.56		Roth, Bill Rus, Diane Walton,	
49 Kris Steck	30.25	24 Joe Spallone	37.03		Robert Weil, Dave Zovickian	
50 Joe Gannon	30.36	25 Andy Stone	37.42		TEST TEAM: Jon Bielinski,	
51 Carol Murphy	31.55	26 Gerard Navarro	37.53		Laura Burtch, Reuben	
52 John Ingle	32.07	27 John Hornor	38.11		Hechanova, Diane Walton;	
53 JaniceWood	32.14	28 Mark Lubiszewski	39.52		Luke Donovan, Lolly Lewis	
54 Susan Lauritzen	32.35	29 Ward Bushee	40.32		HELPERS: Bryan Arnold, Jack	
55 Nishanth Puchalapalli	32.50	30 Dawn Holley	41.38		Bettencourt, Mary Cantini-	
56 Will Powning	32.52	31 Pete Neubauer	42.28		Norkin, Bob Colyar, Ted Coyle,	
57 Wendy Katzman	33.30	32 Kris Steck	43.32		Sam Ferguson, Brian Gilbert,	
58 King Sip	34.36	33 Robin Rome	43.41		Rey Hassan, Butch Haze, John	
59 Era Osibe	35.37	34 Keith Howell	44.09		Hornor, Nancy Hornor, Joe Illick,	
60 Roxy Phifer	35.59	35 Joe Illick	44.51		Morgan Kulla, Lolly Lewis, Mark	
PILOTS:Lisa Adrian, Marcus		36 Joe Gannon	46.45		Lubiszewski, Jackie McEvoy, Pete	
Auerbuch, Jon Bielinski, Barry		37 Rey Hassan	47.13		Neubauer, John Nogue, Tom	
Christian, Rich Cooper, Duke		38 Carol Murphy	47.2		Nuckton, Andrew O'Mahony, Hal	
Dahlin, Hlynsky Driveyak, J.D.		39 John Ingle	47.21		Offen, Arnie Oji, John Ottersberg,	
Durst, John Grunstad, Don		40 Will Powning	47.37		Daragh Powers, Neal Powers,	
Harrison, Reuben Hechanova, Terry		41 Susan Lauritzen	53.23		Nishanth Puchalapalli, Robin	
Horn, Liz Kantor, Daniel Madero,		42 Nishanth Puchalapalli	53.51		Rome, Polly Rose, Stephen Schatz,	
Andrea McHenry, Jon Meyer, Kent					Eric Shupert, Joe Spallone, Nick	
Myers, Hal Offen, John Ottersberg,		PILOTS: Bryan Arnold,			Strelchuk, Peter van der Sterre,	
Phillip Rollins, Anne Sasaki, Bill		Marcus Auerbuch, Jon			Paul Vanhoven, Ben Zovickian	
Schroeder, John Stassen, Andy		Bielinski, Carol Block,				
Stone, Diane Walton, Robert Weil,		Gerald Block, Barry				
Dave Zovickian, Noah Zovickian		Christian, Gretchen				
HELPERS:Andrew Cassidy,		Coffman, Rich Cooper,				
Kate Coleman, Ted Coyle, Sam		Renee de Cossio J.D. Durst,				
Ferguson, Ken Frank, Joe Gannon,		Don Harrison, Reuben				
Brian Gilbert, Dierdre Golani,		Hechanova, Terry Horn,				
John Hornor, Pat Howard, Keith		Andrea McHenry, Jon				
Howell, Doug James, Seth Katzman,		Meyer, John Ottersberg,				
Melissa King, Anders Knox, Julie		Anne Sasaki, Diane				
Knox, Lolly Lewis, Jackie McEvoy,		Walton, Dave Zovickian				
Laura Merkl, Carol Murphy,		HELPERS: Susan Allen,				
Pete Neubauer, Lorna Newlin,		Bryan Arnold, Laura				
John Nogue, Jim O'Connor,		Atkins, Jesse Czelusta, Ken				
Hal Offen, Arnie Oji, Pete Perez,		Frank, Nancy Friedman,				
Daragh Powers, Neal Powers,		Joe Gannon, Brian Gilbert,				
Tony Reveaux, Polly Rose, Eric		Dierdre Golani, Tammy				
Shupert, King Sip, Carrie Sloan,		Gustin, Rey Hassan, Richard				
Nick Strelchuk, Peter van der Sterre,		Haymes, John Hornor, John				
Diane Walton, Janice Wood		Ingle, Julie Knox, Morgan				
		Kulla, Steve Lathram, Lolly				
		Lewis, Mark Lubiszewski,				
		Mary Magocsy, Cesar				
		Manzano, Pete Neubauer,				
		John Nogue, Hal Offen,				
		Arnie Oji, Joe Omran, Era				
		Osibe, Emma Perez, Will				
		Powning, Jason Prodoehl,				
		Tony Reveaux, Polly Rose,				
		King Sip, Joe Spallone, Nick				
			</			



photo by Rob Schroeder

*The line-up for the Pier 41 Swim*

## Ross Browne's Epic Polar Bear Adventure

**S**o this is your virgin polar bear! Do you think you'll do the 40 miles?" John Pelka queried. He is one of the nooners whom I would commiserate with along with the old goats through cold and colder, and wind, and rain, to bloody cold, and hail on my quest to 40 miles. I shrugged and shivered a noncommittal response as I studied my yellow and purple blotched feet while they thawed in the sauna from a swim in what was probably, in retrospect, practically bathwater.

It all began during a middle age crisis in October of 2010 when I decided I wanted to swim Alcatraz and the length of the Golden Gate Bridge in my 50th year. It was 63 degrees and once around Aquatic Park desperately chasing my brand new swim buddy, seasoned coldwater Dolphin, Laura Zovickian.

On that first day it was hard to know whether to focus on the cold, being attacked by a hostile sea lion, or being eaten by a creature always accompanied by the sound track from "Jaws." I settled for focusing on arithmetic.  $2 \times 2 = 4$ ,  $4 \times 4$  .... A friend's suggestion for checking whether or not hypothermic delusion is setting in. I got quite good at my long forgotten tables. Laura just scoffed, "If you start seeing pink flamingos on the mast of the Balclutha, go in!" (Apparently something like that had happened to her while swimming in her second or third trimester with either Noah or Ben.... Is that legal?)

I had a couple of months to get use to the cold water and learn my way around Aquatic Park before the Polar Bear began. By then I had crashed into just about every boat,

buoy, pier, and Dolphin around. I even lost a previously capped tooth nudging into the Bad Becky on a particularly blustery day. I imagine Laura was a bit irritated as I was turning us both into bait, and thank god for Neosporin!

By about week three or four I was at 37 and a half miles, the temperature had dropped to around 48 degrees. Sean McFadden had long finished his 40 miles and Joe Illick, many years my senior, and I were neck and neck.

I'm standing at the waters edge contemplating another couple of miles and looking for icebergs wondering if I really want to get in agaaaaain, then John and Sean wandered up, John says, "So, only 2 and a half miles to go, you should be able to do that today!" Sean looks back over



*He can't fly but he can surely swim. Ross Browne Polar Bear "winner" with 154 miles.*





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**PHOTOGRAPHY**

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(415) 752-9795

his shoulder giving me a big toothy grin, one I am now jealous of since my battle with the BB.

Sounded like a challenge to me! Forget those hours in the pool. This is more important. And every day is different. Off I go, 2x2 =6, 9x9 =a pink flamingo... I think I shook off about three pounds that day. Ok so I wonder if I can do 60 miles, and then 100, and then 120. I'm ready for the Polar Bear to be over by this time, but trudge on to reach 154 miles. I'm feeling pretty pleased about this until John informs me that a few years prior two guys had pretty much doubled my sad little attempt, and to add insult to injury, one of the guys Ralph Wenzel, even had the opportunity to win but had gallantly settled for a tie in first place and so that record has yet to be broken. Could I be that noble? But still, I smirked to myself, at least, at 50, I'm a Polar Bear and no longer a virgin.

**Polar Bear Results continued**

Hassan, Rey	50	Howell, Keith	41
Kulla, Morgan	50	James, Doug	41
Nuckton, Tom	50	Wettersten, Darcy	41
O'Mahony, Andy	50	McKee, Sunny	40.75
Silva, Mike	50	Cufino, Erik	40.5
Tilley, Rebecca	50	Hornor, John	40.5
Bushee, Ward	48.5	Nakamura, Jon	40.5
Phifer, Roxy	47.25	Reed, Robert	40.5
Enke, Rory	47	Rich, David	40.5
Frew, Jim	47	Tilles, Ted	40.5
Kim, Hugh	47	Nogue, John	40.25
Pelka, John	47	Takahashi, Nobu	40.25
Sip, King	47	Atkins, Laura	40
Dods, Suzie	46.5	Buckley, Eileen	40
Neubauer, Pete	46.5	Duffy, Kathleen	40
Powers, Daragh	46.25	Dugan, John	40
Seddon, Carter	46	Ferguson, Sam	40
Stone, Andy	46	Haugh, Kevin	40
Hofmann, Tm	45.5	Hollingsworth, Peter	40
Renko, John	45.5	Howell, George	40
Brown, Tom	45.25	Keller, Barbara	40
Edwards, Randall	45.25	Kruit, Pieter	40
McEvoy, Jackie	45	Labelle, Kerry	40
McKee, Mark	45	Monte, Rudeen	40
Coren, Ken	44.25	Perez, Pete	40
Schatz, Stephen	44.25	Pizarro, Victor	40
Lavelle, Mickey	44	Podolska, Pavla	40
Garfield, Sue	43.25	Russell, Jeff	40
Frank, Ken	43	Sloan, Carrie	40
Gannon, Joe	43	Stassen, John	40
Hammack, Lee	43	Wenzel, Ralph	40
Robinson, Mike	43	OLD GOATS:	
Spallone, Joe	43	Grynbaum, Gai	34
Hechanova, Reuben	42.5	Bergmann, Roy	32
Rome, Robin	42.5	Mannion, Joe	30.5
Theede, John	42.25	Cullen, Jerry	28.5
Adams, Jay	42	Wood, Janice	25
Horn, Terry	42	Coleman, Kate	24.5
Ingle, John	42	Howell, Heidi	23.5
Matthay, Michael	42	Hollister, Sid	22.5
McGraw, Tom	42	Blasko, JoAnn	22
Mervin, John	42	Meyers, Michaelyn	21.5
Prodoehl, Jason	42	Selsted, Robert	21.25
Shupert, Eric	42	Osborne, Mimi	21
Allen, Susan M	41.5	Haas, Julie	21
Avery, Rick	41.5	Maloney, David	20.5
Stein, Beth	41.5	McCuskey, Sarah	20.5
Bleskacek, Joel	41	Taggart, Sophie	20.5
Budenz, Alan	41	Osibe, Era	20.5
Burke, Bill	41	Dahlin, Duke	20



## Blossoming of a Rower

It's such a privilege to serve as your Boat Captain. When I first walked through the doors of the Dolphin Club four years ago, I had visions of open water swimming... but I had never rowed a boat. I went to the training that Saturday after joining the Club, more by chance than with any rowing intentions ... and rapidly, and unexpectedly, I found my place on the Bay. My heart still skips a beat as I go out into the Bay, yes, oh yes, the thrill continues, but Alcatraz and our Bridges are so much closer now than they were in the early days... Funny how that works.

As I began to spend more time on the water, I also spent more time in the Club. Boat Night, of course, and then I started going to the Boat Committee (first Tuesdays 6:30!), and was glad to be part of, and learn from, their commitment to our boats, and to excellence on the water. The Boat Committee's vigilance assures that our fleet is in good shape -- and that it awaits you!

Thanks to Jon Bielinski, Suzy Petterson and the Boat Night volunteers, the storied *Wieland* is almost ready to go back out on the Bay in appropriate splendor; next up are the *Lifthrasir* and *Kupuna*... the *Lifthrasir*, a more recent acquisition for the Club, will be stripped down and the varnish rebuilt... *Kupuna*, built by Jon at the behest of Peter Butler, is one of our most-oft rowed boats and will benefit from maintenance made possible by the Butler Fund. Also thanks to Jon and the Boat Night volunteers for so many other untold actions that benefit the Club... and thanks to Barry Christian, our motorized boats are well-tended and ready to support the swims... and more people are being trained to use them (let me know if you'd like a copy of the training manual)... and, thanks to Renee de Cossio, Joe Abrams, Rachael Perry and friends, we're adding high quality heft to our capacity at Lake Merced with a new double on its way from Lido Filippi.

What are your rowing goals? Crew

the *Wieland*? Get more pilot training? Get certified to row the *Kohlenberg*? the shells? the kayaks? Want to compete? Be part of bringing the Plaque home, part of our emerging victorious in the Dolphin-SE Triathlon October 9? Row more often, row further, row with others? Let me know at [dolphinboathouse@yahoo.com](mailto:dolphinboathouse@yahoo.com) and we'll do what we can to support your rowing!

I've learned so much about the boats (and the building and the budgets) these past few months...and I'll keep sharing what I learn with you. I have high hopes for more people spending more time in our boats, on the Bay and on the Lake, with safety and joy...and look forward to building additional partnerships with organizations like SF Baykeepers, the California Gray Whale Coalition, and the Maritime Museum.

*Again, my thanks.*

*Diane Walton, Boat Captain  
[dolphinboathouse@yahoo.com](mailto:dolphinboathouse@yahoo.com)*

p.s. awestruck gratitude to John Stempl for the frosting on the cake of my Pilot of the Year 2010 Award, the extraordinary lapstrake model he built and bestowed upon me.



*A recent addition*

## Congratulations to all of the Dolphin Grizzlies –

Way to keep burning calories during the holiday season!

2010 saw the more Grizzlies than ever meeting the 100,000 Meter Goal!

The Grizzly Bear Challenge is to row 100,000 Meters (62.14 miles) between Thanksgiving and New Year's Eve. 62 Miles is roughly from San Francisco to Windsor, just north of Santa Rosa.

Tie for First Place

Gary Ehrsam & Andy Kerr erged an incredible 604,000 Meters or 375.3 Miles (Think Medford, Oregon or Ventura, California)!!!

Mark Robinson 140,000

Meters or 87 Miles

Rich Cooper 122,000

Meters or 76 Miles

Ted Levinson 108,000

Meters or 67 Miles

Mark Mauberret 103,000

Meters or 64 Miles

Laura Zovician & Ross Browne

102,000 Meters or 63 Miles

Jim Frew 100,000 Meters or 62 Miles

Diane Walton 65,000

Meters or 40 Miles

Mary Magocsy 47,000

Meters or 29 Miles

Laura Atkins 42,000

Meters or 26 Miles

Emily Roth 40,000 Meters or

25 Miles Jerry Jacoby 34,000

Meters or 21 Miles

Reuben Hechanova 24,000

Meters or 15 Miles

Noah Zovician 20,000

Meters or 12 Miles

Jim O'Connor 16,000

Meters or 10 Miles

Jay Adams 14,000 or 9 Miles

Andrea McHenry 7,000

Meters or 4 Miles

Ben Zovickian = Passenger

Congratulations Grizzlies!

*Rachael Perry*



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## 2011 DOLPHIN CLUB SWIM & EVENT SCHEDULE

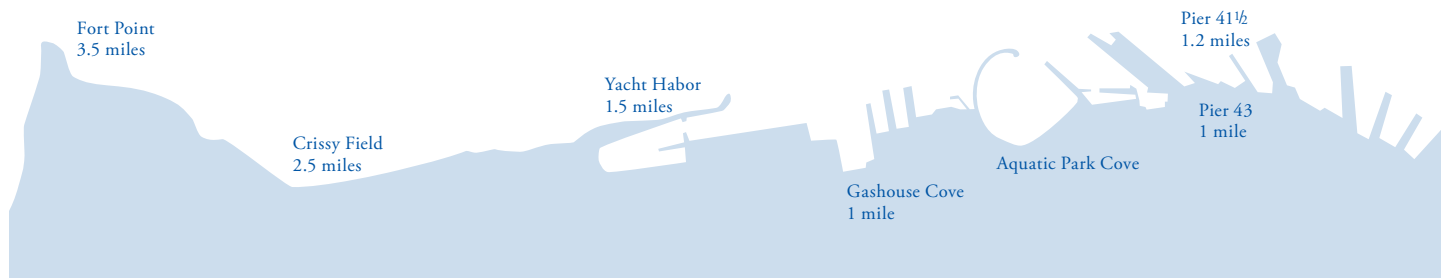
Jan 1	Thur, 8:00 am	New Year's Day Alcatraz
Feb 12	Sat, 9:30 am	Pier 41
Feb 20	Sun TBD	Old Timer's Lunch
Mar 5	Sat 9:30am	*Gashouse Cove
Mar 19	Sat, 9:15 am	*Yacht Harbor
Apr 10	Sun, 8:15 am	*Pier 39
May 1	Sun, 9:00 am	Dick Beeler Crazy Cove
May 22	Sun 7:00 am	*Bay Bridge
Jun 1	Wed	100-Mile Swim Begins
Jun 12	Sun 7:00am	*Crissy Field
Jun 25	Sat, 8:15	*Over 45 Twilight Gas House Cove
Jul 16	Sat 11:00am	Walt Schneeblie Over 60 Cove
Jul 23	Sat, TBD	*Trans Tahoe Relay
Jul 30	Sat, TBD	*Santa Cruz One Mile
Aug 7	Sun 7:45 am	Joe Bruno Golden Gate
Aug 28	Sun, 8:15 am	*Fort Point
Sep 17	Sat, 8:30 am	Alcatraz
Oct 1	Sat, 8:30 am	Escape from Alcatraz Triathlon
Oct 9	Sun 9:00 am	Dolphin/South End Triathlon
Oct 31	Mon	100-Mile Swim Ends
Nov 12	Sat 5:00 pm	Pilot Appreciation Dinner
Nov 24	Thur 8:30 am	Thanksgiving Day Cove
Nov 25	Fri	Grizzly Bear Challenge
Dec 18	Sun, 9:00 am	New Year's Day Qualifier
Dec 18	Sun, 10:30 am	Holiday Brunch Party
Dec 21	Wed	Polar Bear Swim Begins
Dec 31	Sat 11:59pm	Grizzly Bear Challenge Ends

**ROWING TRAINING**  
On the these Saturdays  
beginning at 9:00 am:  
January 22, Saturday  
February 19, Saturday  
March 19, Saturday  
April 23, Saturday  
May 21, Saturday  
June 18, Saturday  
July 23, Saturday  
August 20, Saturday  
September 17, Saturday  
October 22, Saturday  
November 19, Saturday  
December 17, Saturday

### SWIM PROGRAM RULES

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. For out-of cove swims, swimmers must be members in good standing with club dues current, \$40 swim fees paid, and a current PMS card on file. In-cove swims are free and open to all members.
4. New members are not eligible to swim in scheduled out-of-cove swims for six months from their membership start. However, if one successfully completes the 100-mile swim or 40-mile Polar Bear swim before their six months are up, they can participate in out-of-cove swims.
5. Swimmers must be in attendance at briefing prior to each swim in order to participate.
6. Swim sign-up sheets are posted two weeks prior to each swim.
7. Time limits are imposed and enforced for all swims.
8. All club boats are reserved for scheduled swims.
9. In-town members must successfully complete three swims and pilot or help on at least two others.
10. Out-of-town members (those residing 100+ miles from the club) must have successfully completed two of the last three club scheduled Alcatraz and/or Golden Gate swims or meet Rule 9 above.
11. \* Indicates swim is a qualifier for Alcatraz and Golden Gate Swims

*All times are approximate & subject to change.  
TBD means "to be determined".*





# DOLPHIN LOG

A photograph of a table covered with a red and black plaid cloth, displaying a variety of baked goods and desserts. The items include several round pies (some with fruit, some with chocolate), a rectangular cake, a bowl of fruit, and a large bowl of whipped cream. Small yellow sticky notes are placed next to many of the items.



# Once 'Round the Cove

## Dolphin Log

Keith Howell, *Editor*

Joe Illick, *Editor*

Sunny McKee, *Graphic Designer*

Susan Cobb-Frederick,

*Proofreader;*

Lolly Lewis, *Swim Stats*

## Contributing Historian

Walter Schneebeli

## Published By

The Dolphin Swimming  
& Boating Club

502 Jefferson Street

San Francisco, CA 94109

www.dolphinclub.org

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## Printing

MC Printers

## Prepress

Royce Color, SF

## Editorial Policy

Submission of any and all material to the Log editors from any and all authors constitutes an agreement between the authors and the editors. This agreement gives to the editors the right to alter the submitted material in any way that the editors feel will improve the material for Log readers. Decisions to alter or publish submitted material will be the decision solely of the editors.

Bright morning moon  
Over the cove  
Paints a glove of white bubbles  
on each hand as I pull  
Through the dark water.

Lolly Lewis

## Annual Membership Meeting

The Annual Membership meeting of the Dolphin Swimming & Boating Club will begin at 6:30 p.m. on October 19, 2011 at 502 Jefferson Street, San Francisco, in the Staib Room. The Board will review the business of the past year and proposed activities for the next year. Members are welcome to attend and participate per Article III, Section 6 of the ByLaws.

## America's Cup

Room 400 in City Hall, lair of the San Francisco Planning Commission, was the scene of Dolphin outrage and dismay on August 11. Never consulted about but now confronted with the America's Cup "Draft" EIR, Dolphins and others (commercial and environmental, as well as recreational) spoke their feelings about a plan that would pretty much crowd the cove with moored pleasure boats and a giant TV screen, not to mention crowding Aquatic Park with concessionaires. Ken Coren led the charge with his excoriating response. Many followed.



## The pies have it!

Scores of pie-eyed Dolphins gathered on Wednesday evening, July 27, for the Club's initial Pie Night, featuring twenty-some crusted entries. First prize went to Maureen Fitzgibbons, wife of famed manacled swimmer Vic Pizarro, for a strawberry-peach creation. Coming in second was Luke Knowland with a pecan presentation. And third was the Log entry, Sunny McKee's peanut butter tasty pi pie, sure lure for the resident mathematicians. Judges disguised in ornate whiskers made the choices. A pot luck followed.

# Swimming Across the Mighty Mekong

Exiled Dolphin **David Powning Haskell** reports on the 2011 Mekong River Swim in Cambodia

“Do you start the antibiotics before, or during the swim? Because afterwards is clearly too late.” That was a friend’s reaction to my invitation to do the Mekong River Swim. With 70 million people - and not a whole lot of indoor plumbing - upstream from the swim site, maybe he had a point. Point or not, the swim sounded fun. I had heard enough similar reactions when telling folks about swimming down at Aquatic Park. Clearly, if people are swimming in there, it’s got to be safe. Right?

I have been living in Phnom Penh for the last couple of years. And while playing around in the super-heated water of the Gulf of Thailand is nice, I really missed those sunset, mid-winter swims around the cove. The Mekong

River Swim was my chance to do a bit of open-water swimming. The swim had been organized sporadically over the past few years by a group of barangs - as Western foreigners are known. They even managed to convince a few Cambodians to get in the water. But mostly the locals just stared incredulously from the banks - though it was hard to tell whether it was the swimming or the sight of 150 scantily-clad, hairy, and sunburned foreigners

something especially distasteful about swimming through your own effluent. After a short hike down to the drink, we all waded into the shallows for a water start. My strategy, learned from generations of Powning Dolphins, was to start slow and taper off. I also had the advantage of swimming in board shorts, cut like a parachute with huge water-filled pockets to slow me down.

Apparently we were supposed to swim towards the yellow-roofed house on the far side. Without my prescription goggles, I couldn’t see any house, let alone make out roof colors. In any case, the horn blasted and we were off. At a pleasant 80 degrees, the water tasted surprisingly fresh, without the slightest hint of bilharzia, aka “snail fever”. A few fishing boats floated by, though luckily no big ships came through. As I couldn’t see much, I took a short detour towards some stilt-houses on the shore, before spotting the take-out point way upstream.

Apparently there were support kayaks that would have picked me up sometime before I reached the South China Sea. Fortunately for the organizers, after 22:45 minutes in the Mekong, I managed to stumble through the shoreline muck and cross the finish line. A respectable top-10 finish (in the longest-time-in-the-water category). And I still haven’t begun the antibiotics!



Author David Powning Haskell on the banks of the Mekong

that impressed them most.

The course was advertised as a short 600-800 meter hop across the river (depending on the current), scheduled for the first Sunday in April. The site was a few kilometers north from Phnom Penh. Having it up-river from where we all live was key, given there’s

## A weekend of Art Swimming & Eating at the Club

### Mark your calendar!

Back by popular demand, Dolphin artists will join other San Francisco artists showing their work at group sites during SF Open Studios in October. Fifteen Dolphin artists will be exhibiting work at the Dolphin Club on Saturday and Sunday October 22-23.

But that’s not all! 9:00 am marks jump off each morning that weekend for an informal cove swim, followed by the breakfast of champions for all who show up. So, mark your calendar and join the fun.

Dolphin artists represent a broad range of work including photography, sculpture, pottery, wood cuts, painting and more. Participating artists include Susan Anson, Suzie Dods, Colin Gift, Joe Illick, Fred Johnson,

Barbara Keller, Susan Lauritzen, Jane Mermeltown, Lorna Newlin, Mimi Osborne, Shane Powers, Meg Reilly, Polly Rose, King Sip and Diane Walton.

Please invite your friends to join you at the club on the weekend of Oct 22 and 23. It’s a great opportunity to introduce folks to the richness of our community. It’s also a great way to give back to the club. Artists will donate 15% of sale to the Club’s building fund. Last year, largely due to art purchases by Dolphin & South End members, donations totaled \$888 in cash. Participating artists also donated a number of small pieces of artwork to be auctioned for benefit of the Building Fund.

*Swim, eat, enjoy art!*

Exhibit hours are 11 a.m. to 6 p.m. Please mark your calendar and spread the word to friends and family. We hope to have excellent attendance -and to make some sales that will benefit the Club’s building fund.



# Gourmet Boat Night

## *Sand for your Supper*

Jill Gueza

60-grit sandpaper? Check. Sawhorse? Check. C-clamp? Check. Fresh tarragon . . . check?

In a paradox befitting San Francisco's eccentric nature, the hard working regulars at the Dolphin Club's Tuesday Boat Nights are as familiar with sous vide as they are with the stripped underbelly of the Wieland. From 6-9pm each Tuesday, Jon Bielinski leads volunteers in the construction and maintenance of boats for the

But that wasn't always the case. "Boat night used to turn out 4 to 5 people," recounts John Latta, a regular Boat Night participant since 2000. After a few hours of sanding and varnishing, the crew would gather in the galley for pizza from the favorite neighborhood joint, supplemented by ample amounts of beer. "One of us would take 2 jugs and head down to the Steelhead Brewery," formerly located down the street from the Dolphin Club. "Whoever went to get beer got to choose which beer to get so it was a job you wanted if you had a favorite beer."

Unfortunately, both the favorite pizza joint and the brewery eventually shuttered operations. Second-rate pizza excursions extended greater distances and



photo Sunny McKee

*Artisans with food and lumber, the gang on a typical Tuesday night*

Dolphin Club's working fleet. Afterward, the crew congregates around a communal table, sharing meals as beautifully crafted as the boats left resting in the workshop.

became increasingly expensive. It was a gastronomically uninspiring phase by all accounts.

In 2005, thinking homemade food might break the

### Connie's Limoncello Recipe

Limoncello is an Italian lemon liqueur

1.75 liters 80 proof vodka

2 cups Meyer lemon zest strips (use vegetable peeler to make strips of zest; thin as possible to avoid the pith [white part of lemon] as possible)

In a large, 4-liter plus jar add the zest to vodka and let sit in a dark cool place for 40 days.

At end of 40 days add simple sugar syrup consisting of 5 cups of white cane sugar to 3 cups of filtered water

(to avoid odd tastes); heating the mixture in microwave works best to dissolve all sugar crystals. Let simple sugar syrup cool to room temperature and add to the lemon-vodka mixture. Let lemon-vodka-simple sugar mixture sit in a dark cool place for another 40 days. Pour Limoncello through a sieve/filter to remove the lemon zest strips. A gold-lined coffee filter works perfectly. Serve Limoncello ice cold. Store portion in freezer for serving, and store the rest in glass wine bottles in refrigerator. ENJOY.



boredom of cardboard pizza and tempt a few more seafaring souls to bring hammer to nail, Dolphin member and Boat Night volunteer Connie Wellen decided to try something new. "Connie came in and said, 'I'll just cook!' She's one of the best natural cooks I've ever met," recounts Latta. "Dinner suddenly went from pizza and beer to fabulous. And

what do you know? All of a sudden, Boat Night attendance went from 4-5 people to 10-12 people."

"For years it was just mono menu," echoes Bielinski. "Now that Connie is doing this, Boat Night has really blossomed. The attendance is up regularly as a result of the ability to sit down after the work is done, tell some stories



*Sand, clean varnish, sand clean varnish, sand...*

photo Jill Gueza

and have a much better meal."

"It's great fun. I love to cook. People appreciate it," says Wellen during a well-attended Boat Night in May. "It's a wonderful sense of community," she adds, a sensibility that extends beyond the walls of the Dolphin Club and into the Fisherman's Wharf neighborhood. "Kara's Cupcakes donates cupcakes any Tuesday we want them for Boat Night."

If more than the customary 20-25 volunteers turn out to Bielinski's workshop than Wellen expects, she turns to local restaurants The Mermaid or Capurro's, owned by South Ender, Paul Capurro, to supplement her menu with fresh bread or missing ingredients. "They know if it's a Tuesday night, it's Boat Night. They say, 'Whatever you need,

### Jan Adkin's Gringo Chicken Grill

Serves 8-10

In a good grade of extra virgin olive oil, sauté 2 or 3 roughly diced sweet onions and 5 – 8 thin-sliced garlic cloves slowly until golden in a 12 qt enameled pot (the le Creuset oval Dutch oven is my favorite).

Set aside the onion & garlic, add oil, and sauté about a qt of sliced mushrooms until dark and supple. Set these aside, as well.

Cut several pounds of chicken tenderloins into thumb-sized pieces and brown small batches quickly in additional olive oil, adding the browned chicken pieces to the sautéed vegetables. Deglaze the pot with a can of lager beer and reduce by about a half.

**Add** a large (102 oz) can of diced tomatoes to the lager, return the vegetables and chicken, add:

1 1/2 TB dark brown sugar

3 – 4 TB mild (civilized, not Texas-hot) chili powder

1/2 tsp cinnamon

Scant pinch of ground clove

Pinch of nutmeg

1.5 TB salt

1.5 TB oregano

1.5 TB Worcestershire

Handful of diced fresh basil

Handful diced fresh curly parsley Coarse ground pepper

1 TB oriental fish sauce (this boosts the umami taste)

Bring to slow simmer & cook uncovered for about 2 hrs

**Add**

3 cans (drained) red kidney beans

1 can (drained) garbanzos

2 cans (drained) black beans

1 can (drained) cannellini beans

1.5 cups sliced ripe olives

Small package frozen shoepeg corn kernels

Return to simmer for something under an hour.

Prepare a cornbread mix:

Beat an egg into 1 cup milk (I use fat-free)

**Add** and beat 1/4 cup olive oil

**Mix well:**

1 1/4 cups unbleached all-purpose flour

3/4 cups yellow cornmeal

1/4 cup sugar

2 tsp baking powder

1/2 tsp salt

Mix the wet and dry ingredients quickly with a fork – don't overmix; Pour the cornbread mix directly onto the hot chili more or less evenly around the surface.

Tuck the pot, uncovered, into a 400° oven for about 45 minutes to an hour or until the cornbread makes a golden brown crust over the chili. Check for doneness of the crust! You don't want gooey damn cornbread mix underneath! You may wax fancy by serving this up with a bowl of sour cream nearby. (I use non-fat sour cream, which is undoubtedly an oxymoron but who's counting?)

This is a flavorful but not hot/spicy meal (hence "Gringo") and is well-accompanied by good beer, ale, dry fermented cider (Woodpecker, Ramrod, Samuel Smith) or a big, strapping red wine. Dessert? My choice is usually simple, homey tapioca made with rich Mexican vanilla along with some cut fruit. We're not gilding lilies at the Dolphin.



Connie!”

Since that fateful July in 2005, Wellen has created over 250 Boat Night meals from mussels in red sauce, fresh local crab, lemon risotto and creamy polenta, to crowd favorite, coconut curry chicken over rice. She now enlists a team of rotating “Head Chefs,” including herself, to create the elegantly planned and culturally diverse meals. Even on nights when she’s not the headliner, Connie keeps things on-schedule in the kitchen, clearing obstacles (usually strays on sanding duty looking for an open bottle of wine) and maintaining a happy vibe in the kitchen with biblical cups of homemade limoncello for the cooks.

As Wellen cycles through the roster of chefs, John Bielinski rotates the boats in the repair room, identifying the neediest cases and managing their care in the workroom. He leads by example, offering a quick demonstration in technique, often using tools he’s

invented and crafted himself, before throwing volunteers into whatever the required tasks are for the evening. As Bielinski puts it, “I see a need and find a solution.”

With his easy-going but focused demeanor, Bielinski ekes skills out of people they don’t know they have. “My first night here, he gives me a hammer and says, ‘Here,



photo: Sunny McKee

KP Dolphin style

now this is the way you pound the rivet.’ And I’m swinging a hammer at this beautiful boat and just nervous as heck that I’m going to miss the thing and put a dent in the boat,” remembers long time volunteer, John Selmer.

### Camille Cusumano’s Family Meatball Recipe

Serves 4-6

Mix together:

*1 lb. ground sirloin*  
*1 cup grated Parmigiano cheese*  
*1/2 cup seasoned Italian breadcrumbs*  
*1/2 cup fresh Italian parsley*  
*1 egg*  
*1 tsp salt*  
*black pepper*

About ½ cup water, to make the meat soft and mixable

Fry the meatballs in olive oil until nice brown both sides, turn down low, cover until done, or cook through in sauce.

Yields about 15 meatballs to a pound.



photo: Jill Guenza



Boat Night welcomes anyone willing to exchange elbow grease for lessons in boat making, camaraderie and a good meal every Tuesday from 6-9pm. If you can simultaneously sand and tell a good story, you'll be a star. When all the sawdust has settled, have faith that while you may not have fingerprints left from all the sanding, you will leave happy, well fed, and culturally nourished.

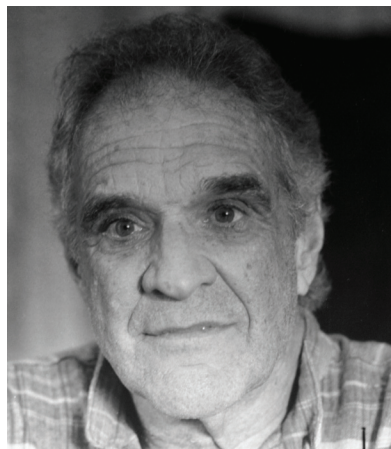


SUMMER 2011 7

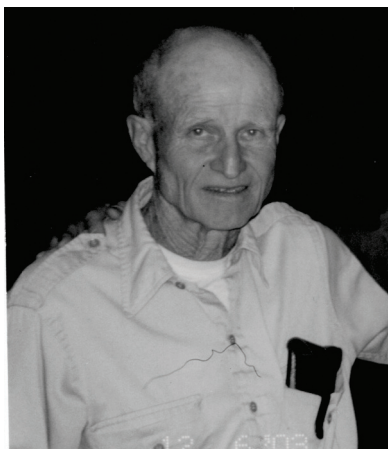


# MILES

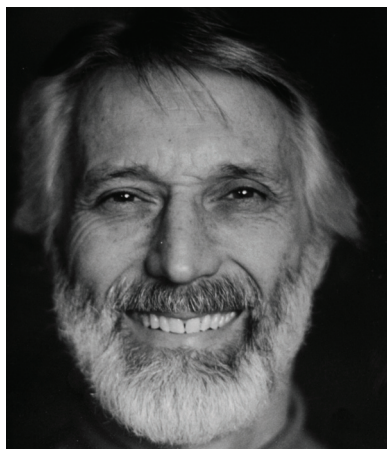
## 50 Year Members (Golden Dolphins)



Dick Fossat



Pat Kelly



Dan Osborne

Photo Not  
Available

Zach Stewart



Kate Bennett



Jim Biggs



Mike Dinunzio



Mike Dixon



Mag Donaldson

# T O N E S



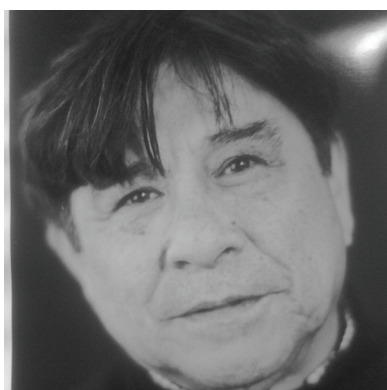
Peter Drino



Colin Gift



Steve Lathram



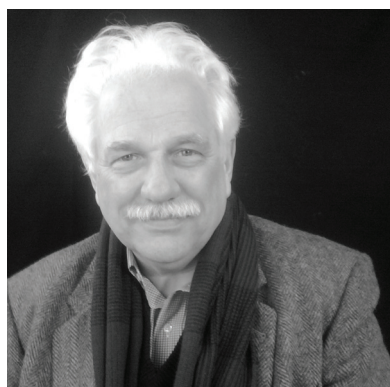
Harry Louie



Mike Mitchell



Judy Polatchek



Charles Scawthorn



Rafael Torres-Gil



Mike Webb

Photos Not  
Available

Suzanne MacDonald Marty Mattox John Mattox Don Campbell Daniel Weinstein  
Elliot Evers John Sullivan

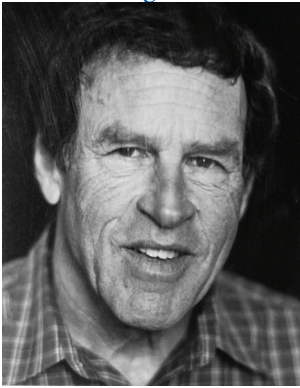
Life member photos by John Perino



# IN MEMORIAM

Over the last twelve months, quite a number of prominent Dolphins have left us. Many were long time Life Members whose presence often graced our halls. We miss them.

Of [Roderick K. Macleod](#) (July 1926 – December 2010), his widow Jennifer writes: “The Dolphin Club was one of the great joys of my husband’s life.” In 1980 Roderick became the first foreign accountant registered in China since 1949, and wrote China, Inc about his experiences. After his return from Shanghai in 1984 he lived on Hyde Street and, oblivious of the tourists, he would take a daily walk in his swim trunks down to the Dolphin Club. New Yorker [Roger Kleid](#)



(November 1946 – December 2010) died suddenly while preparing for his near daily bike ride. The day before he had taken a swim at his beloved Dolphin Club, perhaps a fitting end for a sports enthusiast of his caliber. He established his roots in San Francisco and developed a successful career in real estate. He grew to love Victorian and Edwardian architecture, and belonged to many preservationist groups. His wife, Terry, who met Roger at the club, and their daughter Jessica, donated the Club’s new refrigerator and freezer in Roger’s memory.

Honorary Member, [Jack LaLanne](#)



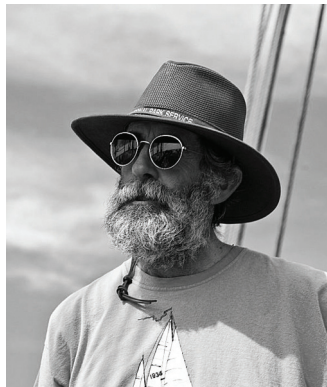
(September 1914 – January 2011) opened the nation’s first health club in Oakland in 1936 when doctors were still saying lifting weights will give people heart attacks. He twice swam from Alcatraz handcuffed, and three times swam the Golden Gate, once towing a 2,500 lb cabin cruiser (currents made it a 6-mile swim). Oh, and he “paddle boarded” to San Francisco from the Farrallons, but that was before “Jaws.”

[Mineko Gallic](#), born in Tokyo, came



to San Francisco in 1969, and in 1971, married Louis Gallic. For many years they enjoyed daily swims at the Dolphin Club and traveled the world. “Elegant, with a sly and quirky sense of humor and generous to a fault,” writes her friend Cynthia Coppi. Mineko had a passion for swimming, attending the Opera, learning French culture and traveling to Hawaii.

Master Mariner [Al Lutz](#), who for 17



years was skipper of the scow schooner Alma, was the classic old-fashioned sailor, tall, lanky and bearded. He smoked a pipe and swore like a pirate. Al served 20 years in the Coast Guard. He retired from duty in Alameda on a Friday and joined the National Park Service on the Alma the next Monday. “He had a reputation as a

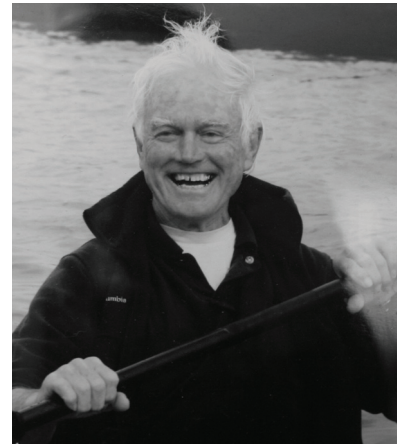
gruff captain,” said Jason Rucker, who succeeded him as skipper, “but he was unendingly generous to the boat and everyone who worked on it. I’ve never known anyone as hardworking as he was.”

[Sarah Morris](#) graduated from the



University of Chicago, moved to New York City, and became a social worker, then an artist. She arrived in San Francisco in 1965 and kept a studio at Hunters Point. She painted and worked in stone as well as clay and paper maché. It was said that her pieces were infused with a spirit and a magic akin to that of primitive and folk art.

[David Broadbear](#) grew up in Atlanta



and graduated from Vanderbilt University, after which he served in the U. S. Navy. He moved to San Francisco to work for Merrill-Lynch and lived for 35 years on Telegraph Hill and later on his yacht. He was an active member of both the Dolphin Club and the Bay View Boat Club when he died of cancer at 75. Also, [Nicholas Zoller](#), a great Bay swimmer who went on to become an elder star for the Olympic Club Masters swimming team, and [Raymond Ray](#).

## SWIM COMMISSIONERS REPORT

By the time this edition of the Log comes off the press, many of you will have experienced yet another exhilarating swim from Fort Point to Lime Rock and the swim and boating commissioners will have breathed a collective deep sigh of relief. Amongst all our swims, the Golden Gate swim is the one that poses the most daunting logistical challenges, yet with the collective wisdom of our members, it happens year after year with seeming ease. During our planning meetings in July, the committee did a thorough review. What seemed clear as various points were debated was a sense that we all understood what is at stake if we don't pay close attention to the details. Safety was first and foremost in our minds and that guided all of our decisions.

In our recent Club swims, this attention to safety procedures has been evident. With Polly Rose's leadership of the Timing Committee, there has been greater attention given to having a very prompt accounting of each and every swimmer as they finish the race and relaying that information to the lead pilot. During the Over 45 Gashouse Cove swim we encountered some of the roughest waters of any club swim in recent history. Fortunately the swimmers all safely navigated back to the Cove even though there were a couple of wooden boats and kayaks that required rescue. Even inside the Cove there are some unique safety procedures given the threats posed along the buoy line. The pilots cordoned off a safety zone around the "old goats" to protect them from the swimmers in wet-suits coming off the beach and heading at a 90 degree angle, ready to T-bone the octogenarians. And last but by no means least, the representative from the Parks and Rec met with swim commissioners and presidents from our two clubs to do some initial planning to assure us that America's Cup events being planned for Aquatic Park will not interfere with swimmers' access.

With the generous help of so many who pilot and others who keep the swims running smoothly at the home base, we do a very good job. That being said, your observations and insights into how we can improve are greatly appreciated.

Nevertheless, a recent incident has called us to be humble and admit that even with well-planned procedures we need to be flexible to deal with surprises Mother Nature can throw our way. The incident that has lead us to review our

policies for Private Out of Cove swims took place when a SERC swim coming in from Alcatraz went awry. I will not attempt to capture all the details here, but we do know that the group had a seemingly good plan for pilot coverage for a swim that occurs on a very regular basis. However, the tides for whatever reason chose not to follow the tide books. An unexpectedly strong ebb took the three swimmers quickly off the expected course. They soon became separated from one another and the pilot going back and forth ended up losing track of all of them. The swimmers could not fight the current and ended up being swept west past the bridge and picked up by fishing boats near Baker Beach. Fortunately the swimmers were all safe and we can look back on the incident as a teachable moment. In addition to our own internal reviews, the Coast Guard became involved and we can expect greater scrutiny when we apply for future permits.

There is a temptation to offer advice on how the swim should have been run, but my own experience gives me pause. The summer I was training for the English Channel, we had a crew of pilots guiding Si Bunting and me on a six hour swim around the Bay. As we approached Treasure Island a string of events unfolded that left us in the most precarious situation I have experienced. Within a few short minutes the winds picked up and dumped my pilot out of his kayak losing all our supplies, our Avon lost it's motor and was swept out of sight to the south. Now, while we were bereft of radio communication, a cargo ship bore down on Si as his kayak pilot struggled against the wind just to stay close. The Coast Guard came to our rescue, but how we all survived is still beyond me.

My intent in sharing some of the inherent risks involved in the swim program is to assure you that we will continue our long-standing tradition of promoting an active program that balances a healthy respect for the hard to predict tidal patterns with thoroughly reviewed safety procedures. Being in the Bay and having the opportunities to experience the profound natural beauty that few in this fair City will ever know is not something to be taken for granted, and we will do all we can as swim commissioners to keep it safe for the veterans and inviting for those willing to take the leap.

*John Ottersberg*  
Dolphin Club Swim Commissioner

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# DOLPHIN LOG SWIM STATISTICS

## Dick Beeler Crazy Cove MAY 1, 2011

"A" course  
1 EraOsibe 23.15

"B" course  
1 Karen Boyer 23.58  
2 Ken Frank 29.33

"C" course  
1 John Renko 20.34  
2 Stephen Schatz 21.57  
3 Mickey Lavelle 22.33  
4 Sean Kelly 22.40  
5 Erik Cufino 24.18  
6 Joe Ferrero 25.03  
7 Paul Vanhoven 25.46  
8 Gina Rus 26.56  
9 Andrew O'Mahony 27.18  
10 Keith Nelson 27.59  
11 Ken Coren 28.43  
12 Nishanth Puchalapalli 31.10  
13 Roxy Phifer 32.29  
14 Kent Myers 32.32  
15 Anne Sasaki 35.29  
16 Jen Votava 36.04  
17 Lorna Newlin 38.21  
18 Joe Illick 39.19  
19 Wendy Katzman 39.28  
20 Joe Gannon 39.42

PILOTS: J.D. Durst, Mark Lubiszewski, Gerard Navarro, Gerard Navarro, Phillip Rollins, David Shutt

HELPERS: Dean Badessa, Pete Bianucci, Laura Burtch-Zovickian, Erik Cufino, Sam Ferguson, Ken Frank, Joe Gannon, Sue Garfield, Brian Gilbert, Doug James, Sean Kelly, Melissa King, Susan Lauritzen, Mickey Lavelle, Keith Nelson, Jim O'Connor, Hal Offen, Arnie Oji, Andrew O'Mahony, Roxy Phifer, Daragh Powers, Neal Powers, Polly Rose, Anne Sasaki, Eric Shupert, Peter van der Sterre, Janice Wood

## Bay Bridge Swim MAY 22, 2011

1 Michael Chase 40:54  
2 Suzanne Heim 41:49  
3 John Renko 42:47  
4 Ross Browne 44:50  
5 Laura Burtch 45:10  
6 David Rich 48:07  
7 Michael T-Hahn 48:17  
8 Mike Silva 50:25  
9 Joel Bleskacek 50:27  
10 Randall Edwards 51:10  
11 Sean McFadden 51:20  
12 John Nogue 51:22  
13 Stephen Schatz 51:24  
14 Cesar Manzano 51:26  
15 George Morris 51:40  
16 Andrew O'Mahony 52:50  
17 Conor Power 53:25  
18 John Hubenthal 53:28  
19 Luke Donavan 53:34

20 Kate Coleman 54:08  
21 Nancy Cutler 54:50  
22 Kent Myers 56:50  
23 Ken Coren 57:15  
24 Neal Powers 57:37  
25 Tom Davis 57:43  
26 Roxy Phifer 58:00  
27 Larry Scroggins 58:13  
28 Gina Rus 58:41  
29 Keith Nelson 59:31  
30 Pete Neubauer 59:44  
31 Joe Gannon 59:54  
32 Will Powning 59:56  
33 Vladimir Mezhibovsky 59:59  
34 John Ingle 1:05:10  
Sam Ferguson DNF

PILOTS: Jay Adams, Lisa Adrian, Marcus Auerbuch, Jon Bielinski, John Blackman, Carol Block, Gerald Block, Paul Brady, Gretchen Coffman, David Haskel, Liz Kantor, Margaret Keenan, Mark Lubiszewski, Mary Magocsy, John Martire, Mark Mauberret, Grant Mays, Andrea McHenry, Jon Meyer, Gerard Navarro, Hal Offen, Phillip Rollins, Bill Schroeder, Jen Votava, Diane Walton, Dave Zovickian  
HELPERS: Susan M. Allen, James Barnes, Joel Bleskacek, Ruby Bleskacek, Eileen Buckley, Kate Coleman, Luke Donavan, Frank Ellis, Sam Ferguson, Joe Gannon, Sue Garfield, Butch Haze, Dawn Holley, John Hornor, Nancy Hornor, Joe Illick, John Ingle, Wendy Katzman, Mickey Lavelle, Lolly Lewis, Keith Nelson, Lorna Newlin, Tom Nuckton, Andrew O'Mahony, Hal Offen, Emma Perez, Roxy Phifer, Neal Powers, Daragh Powers, John Renko, Polly Rose, Gina Rus, Eric Shupert, Lisa Weaver, Rachel Weidinger and friend Megan, Janice Wood

TEST TEAM Jon Bielinski, Adam Goldberg, Mark Gustin, Lolly Lewis, Hal Offen, Joe Omran, Diane Walton, Dave Zovickian

## Crissy Field Swim JUNE 12, 2011

1 John Stassen 48:10  
2 John Hubenthal 49:08  
3 Joe Ferrero 49:32  
4 Morgan Kulla 50:49  
5 Suzanne Heim-Bowen 51:10  
6 Joe Omran 51:12  
7 Daniel Madero 52:02  
8 Bill Burke 52:36  
9 John Renko 52:47  
10 Gina Rus 52:49  
11 Doug James 55:01  
12 Laura Burtch 55:41

13 Ross Browne 55:48  
14 Jesse Czelusta 56:00  
15 Ken Coren 56:22  
16 Nancy Hornor 56:30  
17 David Rich 57:44  
18 Dean Badessa 58:21  
19 Mike Silva 59:00  
20 Keith Benson 59:43  
21 Alex Buehlmann 1:01:12  
22 Stephen Schatz 1:01:57  
23 Sam Ferguson 1:02:33  
24 Mickey Lavelle 1:02:43  
25 Emma Perez 1:02:44  
26 Jackie McEvoy 1:02:55  
27 Pete Neubauer 1:03:29  
28 Robin Rome 1:03:42  
29 Joe Gannon 1:04:40  
30 Richard Haymes 1:04:48  
31 Kris Steck 1:06:36  
32 John Nogue 1:08:37  
33 Eric Shupert 1:10:55  
34 George Morris 1:11:07  
35 John Ingle 1:12:40  
36 Andrew O'Mahony 1:15:04  
PILOTS: Jay Adams, Lisa Adrian, Marcus Auerbuch, John Blackman, Carol Block, Gerald Block, Barry Christian, Rich Cooper, James Dilworth, Gary Ehrsam, Don Harrison, Terry Horn, Liz Kantor, Bob Mackey, Mary Magocsy, Kent Myers, John Ottersberg, John Robiolu, Dave Zovickian  
HELPERS: Susan M. Allen, Joni Beemsterboer, Pete Bianucci, Joel Bleskacek, Eileen Buckley, Bill Burke, Ken Coren, Nancy Cutler, Randall Edwards, Sam Ferguson, Joe Gannon, Brian Gilbert, Dierdre Golani, Mark Gustin, Dawn Holley, Nancy Hornor, John Hornor, Morgan Kulla, Susan Lauritzen, Lolly Lewis, George Morris, John Nogue, Andrew O'Mahony, Hal Offen, Anna Olsen, Pete Perez, Robin Rome, Polly Rose, Eric Shupert, John Stassen, Kris Steck, Andy Stone, Nick Strelchuk, Peter van der Sterre, Janice Wood  
TEST TEAM Nancy Cutler, Jim Frew, Dierdre Golani, Adam Goldberg, Mark Gustin, Tammy Gustin, Terry Horn, Lolly Lewis, Daniel Madero, Hal Offen, Emma Perez, Pete Perez, Diane Walton

## Over 45 Gashouse Cove JUNE 25, 2011

1 Ross Browne 22:10  
2 Stephen Schatz 22:47  
3 Sean Kelly 23:39  
4 Morgan Kulla 26:47  
5 Joe Ferrero 27:18  
6 John Nogue 27:24  
6 Todd Oppenheimer 27:24  
7 Beth Stein 27:27  
8 Rick David 28:00

9 Andy Stone 29:23  
10 Phillip Rollins 29:55  
11 Rick Avery 30:02  
12 Kate Coleman 30:11  
13 Laura Atkins 30:19  
14 Ken Coren 31:05  
15 Neal Powers 31:12  
16 Jim Frew 31:16  
17 Joni Beemsterboer 31:19  
18 Sunny McKee 31:20  
19 Mark Gustin 31:35  
20 Nancy Hornor 31:41  
21 Margaret Keenan 31:53  
22 Keith Nelson 33:10  
23 Mark McKee 33:22  
24 Jay Adams 33:35  
25 John Hornor 34:12  
26 Susan M. Allen 34:16  
27 Pete Neubauer 34:19  
28 Robin Rome 34:34  
29 Peter van der Sterre 34:42  
30 Bob Blum 34:50  
31 James Barnes 35:34  
32 Anne Sasaki 35:36  
33 Richard Haymes 35:53  
34 Kent Myers 36:34  
35 Janice Wood 37:20  
36 Libbie Horn 37:31  
37 Rey Hassan 38:30  
38 Cheryl Wallace 38:42  
39 Will Powning 39:02  
40 Lorna Newlin 39:06  
41 Joe Gannon 39:21  
42 Jane Mermelstein 39:33  
43 Mia Hershisier 39:45  
44 Susan Lauritzen 40:55  
45 Matt Towers 42:44  
46 John Nestor 44:02  
47 Era Osibe 50:16  
Polly Rose DNF

PILOTS: Dawn Holley, Diane Walton, John Ottersberg, Lisa Adrian, Rich Cooper, Robert Weil, Jon Bielinski, Jesse Czelusta, Cesar Manzano, John Stassen, Barry Christian, Roxy Phifer, Terry Horn, Bill Schroeder, Gretchen Coffman, Melissa King, Gerard Navarro

HELPERS: Laura Atkins, Dean Badessa, Keith Benson, Ross Browne, Kim Chambers, Ken Coren, Erik Cufino, Sam Ferguson, Jim Frew, Nancy Friedman, Joe Gannon, Brian Gilbert, Rey Hassan, Dawn Holley, John Hubenthal, Margaret Keenan, Sean Kelly, Morgan Kulla, Athena Kyle, Pete Neubauer, Andrew O'Mahony, Era Osibe, John Ottersberg, Daragh Powers, Neal Powers, Will Powning, Tony Reveaux, Phillip Rollins, Robin Rome, Jeff Russell, Eric Shupert, Carrie Sloan, Beth Stein, Monica Towers, Matt Towers, Peter van der Sterre

## Abstract Portraits paintings by Liv Zutphen



Focus Gallery  
1534 Grant Ave, North Beach  
September 22 through October 2011

Born in San Francisco, Liv has been painting since she was a child. She left the Bay area for Los Angeles to study jazz guitar, her other passion. Today she resides in the Venice Beach area of LA where she continues to paint while teaching jazz guitar to students in the Los Angeles area, and plays most Monday nights at the jazz club called The Baked Potato.

Her past exhibits include a one woman show of her paintings at Sponto Gallery (formerly the well known Venice West Cafe, a hangout for writers and poets during the 50's and 60's.) and other venues in the Venice Beach area.

Liv Zutphen will be exhibiting her art and reading her poetry during Art Walk September 24th and 25th, reception the 22nd, through October for Art Span Open Studios on the 22nd and 23rd.

Also reading her poetry on Saturday September 24th is the well known poet ruth weiss.

For more information regarding this exhibit contact,  
Focus Gallery San Francisco 415-706-0898



TEST TEAM  
Rick Avery, John Ottersberg, Keith Benson, Arnie Oji

### Over 60 Cove Swim

JULY 16, 2011

#### A - COMMODORE'S COURSE

1	Mariuccia Iaconi	
2	John Davis	7:59
3	Bob McKenzie	10:51
4	CharlieKorelec	11:00
5	BobDanielson	21:10

#### B - FLAG AND BACK (half mile)

1	Daniel Osborne	18:25
2	Sid Hollister	19:14
3	Jim O'Connor	22:15
4	John Nestor	22:21
5	Polly Rose	25:14
6	Jack Bettencourt	25:23
7	Mary Lou Hirschfeld	29:42
8	Mimi Osborne	35:40
x	Steve Lathramtoo late to sign in, so no time recorded, but he swam!	

#### C - FLOOD X (one mile)

1	Sean Kelly	22:36
2	Julian Sapirstein	23:50
3	Alice Jones	25:34

4	Phillip Rollins	27:59
5	Keith Nelson	28:50
6	Lolly Lewis	29:13
7	Peter van der Sterre	29:26
8	Ken Coren	29:28
9	Pete Neubauer	29:30
10	Eric Shackelford	29:32
11	Joni Beemsterboer	29:36
12	John Hornor	29:38
13	Krist Jake	30:36
14	Ken Frank	32:55
15	Hal Offen	33:00
16	Keith Howell	33:12
17	Robin Rome	35:13
18	Janice Wood	38:19
19	Mary Cantini	40:24
20	Pete Bianucci	43:44

PILOTS: Jim Frew, Daniel Madero, Will Powning, Emily Roth, Stephen Schatz, Mike Silva, Ted Tilles, Patrick Torre

HELPERS: Bob Blum, Jesse Czelusta, Sam Ferguson, Ken Frank, Brian Gilbert, Reuben Hechanova, Dawn Holley, John Hornor, Nancy Hornor, Keith Howell, Seth Katzman, Wendy Katzman, Lolly Lewis, Mark Lubiszewski, Janice McCall, Jane Mermelstein, Pete Neubauer, Hal Offen, Eral Osibe, John Ottersberg, David Rich, Polly Rose, Kris Steck, Edith Tobin, Patrick Torre, Peter van der Sterre



### EBB AND FLOOD BOOK 1 by Brian Herrick is available now!

A 40 page collection of comic stories about swimming, ghosts, small town life and the seaside.

On sale now from Brian Herrick or online at [ebbandflood.com](http://ebbandflood.com)

Contact Brian at:  
[ebbsandfloods@gmail.com](mailto:ebbsandfloods@gmail.com)  
(415) 341-7123



## OARS D'OUEVRES: BOAT CAPTAIN'S REPORT

**T**hanks to all of you, the Rowers Dinner was a big success on March 26, 2011. The evening began with the 60-person transition of the Wieland from the Boat Shop through the streets to the Zahler Room, and ended with raising money for the Fleet by auctioning recycled old life vests and other things. Thank you Robin Rome, Annie Somerville, Mike Chase, Quinntessa Winery, JD Durst, Joe Osman, Colin Gift, Camille C, Lorna Newlin, Anne Sasaki, Deb Self and Baykeeper, Robin Mankey and Gray Whale Coalition, Reuben Hechanova, Diane Walton, King Sip and all others who contributed to have your name on one of the new vests!

The Wieland rides again. On July 23, we celebrated the First Annual John Wieland Barge Extravaganza, commemorating its 1997 return to service. Charlie McIntyre, our tireless coxswain led combinations of experienced and novice barge rowers. We will do this again!

Hats off to Joe Abrams, Renee DeCossio Mike Kelly, Julia deGraaf, Andy Kerr and all others for their winning efforts at Regionals and other races so far this year! And congratulations to Racheal Perry for coming in first, with Diane Davis, (45 minutes) in the South End Regatta on July 24, 2011 and to Jim Frew and John Blackmun who finish in the Farrell in just over an hour. The Dolphin Club will join South End next year in hosting this three-buoy, four-leg, five mile regatta.

As you may know, private craft follow the same rules as other craft--which means sign your kayak out when you go out!) and must be registered with the Boat Captain. Currently only 20 of the 30 craft are registered. This is a list as of July 23, 2011 of private craft approved for storage: Rowboats: Colin Gift Shells: Flicka McGuerrin Laura B Zovickian Kayaks: Dean Badessa Carol Block Jerry Block Barbara Byrnes Lindsay Casablanca Jesse Czelusta Anthony DuComb Nancy Friedman Colin Gift Don Harrison Stan Hylinsky Mimi Osborne Emma and Pete Perez Anne Sasaki Eric Shackleford Monica Towers Dave Zovickian SUPs/surfboards: Daniel Considine, Daniel Madero By the time you read this, others will have been added. If you don't see your name here and have craft you want to keep at the Club, let me know at [dolphinboathouse@yahoo.com](mailto:dolphinboathouse@yahoo.com). The goal is to get a handle on the space, to have adequate storage, and to establish a way to donate craft no longer used, not claimed or not approved by September 30, 2011.

Jim Small, Stu Evans and Steve Cuthbert: We sold the boats named after these fine Dolphins, several years ago, but we kept the nameboards and they have been lovingly brought back to life by Vladimir Sarenko, Barry Christian and others at Boat Night. Some of you knew them, many of you did not. Their lively stories can be read on the walls of the Boat House!

**Get Ready for the DC/SE Triathlon!**

**October 9, 2011**

**Time and incentive to participate in all 3 events  
row, swim, run!**

**THANK YOU to the WIELAND TEAM  
for work done November 2010-April 2011**

Jan Adkins	Kristin Grant	Hal Offen
John Arnold	John Grunstad	Andrew
Brian Arnold	Jill Guenza	O'Mahony
Chris Avery	Reuben	Todd, AJ
David Ayotts	Hechanova	and Moss
Charlene Baker	Butch Haze	Oppenheimer
Joni Baldwin	Eric Hansen	Pete Perez
Marcia Benham	Keith Howell	Suzy Petterson
Chantelle	Dave Hull	Bruno Redon
Bertram	Jean Hull	Elle Maggie and
Aylin Beyce	Tom Hunt	Phil Reiff
John Blackmon	Marty Jacob	Andrea Rey
Coleman Blake	Doug James	Mark Robinson
Eileen Buckley	Mark Jamretz	Jamie Robinson
Vincent Cantero	Quinn Johnson	Mike Robinson
David Carpathid	Matt Johnson	Polly Rose
Liam Casey	Mikalea Jones	Emily Roth
Barry Christian	Dahlia Kamesar	Vladimir Sarenko
Gretchen	Jack Kamesar	Michael Sartat
Coffman	Liz Kantor	John Sasser
Monica Colberg	Cara Kritikos	Cibella Scholtz
Ken Coren	Alan Langmill	Rob Schroder
Kate Cronin	John Latta	Bill Schroeder
Rhett Currier	Cherie Lattimore	Eugene
Camille	Adam Leising	Schuldinger
Cusumano	Jessica Love	Steve Shindler
Rafael Davidson	Mary Magocsy	King Sip
John Davis	Dave Mahoney	Darryl Skrabak
Tom Davis	Lou Marcelli	Richard Spector
Paul Donnelly	Marty Marchado	Dave Spurgeon
JD Durst	Mark Mauberret	Andy Stone
Julia Eng	Tom McCall	Nick Strelchuk
Jared Everett	John McCormick	Elizabeth Tippin
John Flavin	Mike McElligott	Jen and Pete
Deryk Ford	Jackie McEvoy	Votava
Ken Frank	Andrea McHenry	Scott Wall
Suzanne Friedrich	John Meyer	Kjersten Walter
Daniel Galhardo	George Morey	Diane Walton
Maria Gardner	Tim Moyer	Eloise Warren
Scot George	Lorna Newlin	
Rafe Goorwitch	Tom Nuckton	



photo Diane Walton

Recently relaunched Weiland, *Charlie McIntyre, Laura B. Zovickian, Connie Wellen, JD Durst, Tom Hunt, Tom McCall and Bill Schroeder*

## PRESIDENT'S REPORT

### A PARALLEL UNIVERSE

Reuben Hechanova

After more than a century of daily and annual events, our club has evolved to create the Dolphin Club universe. To reach this safe haven, one navigates through the commercial asteroid field of tourists on bikes, Segways, etc. to reach a 'time warp' and enter this universe. Once inside, we discover a history and activity that seems to be both suspended in time, yet alive in the moment.

After our birth in 1877 the Dolphin Club Universe the first 'constellation' appeared in 1946 and the numbers have steadily grown since. The 'stars' in these constellations materialize after a minimum of 25 'light' years of continuous membership when they are bestowed as 'life members'. They are honored by their portraits, which shine down like the stars from their constellation 1946, 1947. . . .2011. Through the years, stars that were once bright have dimmed and have passed on. Nevertheless, they are still and will always be part of the Dolphin Club universe.

This universe has a life force of its own powered by the numerous volunteers that keep the trajectory headed forward. We are lucky to have a terrific Board that, collectively, provides valuable time, energy and talent to serve and honor the age-old traditions while embracing new ones. Present day social networks are light years away from coming close to having a universe such as ours. The perpetual motion of intergenerational activity by our members, fuels the life force of club. Maintaining the age-old traditions may look easy, but nothing as good as the Dolphin Club is ever easy.

The annual budget is humming along on a track that will easily reach

this year's goals and objectives by December. The collaboration among the Officers, Governors and Commissioners in the Building, Swim-



ming, Rowing, Entertainment, Weight Room, Handball and other programs make the hard seem easy. Meeting the growing needs of the 'triumvirate' of the club--Building, Boats and Membership--in both capital and resources is always in perpetual motion.

The Building Committee has always had its work cut out for them, but they have consistently risen to the challenges of taking care of an old building. Ongoing work on the dock in the harsh and unforgiving marine environment continues around the daily use by our members. A new refrigerator and freezer donated at the start of the year by the Kleid family, compliments the renovated kitchen. The many meals, both large and small served throughout the day, from early breakfasts to late suppers are well served by this utilitarian kitchen. It's not the fanciest, but it does get the job done and produces unexpected culinary delights that can only be appreciated through experience. The successful Old Timer's Luncheon,

Crab fest, Rower's Dinner and others too numerous and or too fleeting to mention are part of the Dolphin Club universe. We also recently installed

a fantastic professional sound system that has served those events to date from the Monday Pods, Tuesday Boat Nights, and Friday pot-luck Happy Hours Events of note that recently took place at the Dolphin Club, include a movie shoot where members served as extras, and a very lively Fourth of July. And when the occupational forces of the America's Cup 34 descend on San Francisco by land, sea and air, it will be like the Fourth of July, Fleet Week, and all the commercial swims combined. The Club, together with South End

and strategic partners such as Bay-keeper, the National Park Service, Fisherman's Wharf-CBD will vigilantly monitor any activities that may diminish the Dolphin Club universe.

I am proud to report on two Heritage Projects that are in different stages of development; "Vintage Voices, If These Walls Can Talk" an oral history of the Dolphin Club, based on interviews with Life Members and "Vintage Boats of the Dolphin Club," a project that will archive in words and photographs our fleet of wooden boats.

We are past the halfway mark of this year. I have a terrific board, the water is warm and life is good in the Dolphin Club universe.

Please note that the Annual Membership meeting is slated for the October meeting. All interested members are welcome to attend or if out of town, to send their thoughts, recommendations and opinions of taking the Dolphin Club forward.





The Dolphin Swimming  
& Boating Club  
502 Jefferson Street  
San Francisco, CA 94109

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## 2011 DOLPHIN CLUB SWIM & EVENT SCHEDULE

Jan 1	Thur, 8:00 am	New Year's Day Alcatraz
Feb 12	Sat, 9:30 am	Pier 41
Feb 20	Sun TBD	Old Timer's Lunch
Mar 5	Sat 9:30am	*Gashouse Cove
Mar 19	Sat, 9:15 am	*Yacht Harbor
Apr 10	Sun, 8:15 am	*Pier 39
May 1	Sun, 9:00 am	Dick Beeler Crazy Cove
May 22	Sun 7:00 am	*Bay Bridge
Jun 1	Wed	100-Mile Swim Begins
Jun 12	Sun 7:00am	*Crissy Field
Jun 25	Sat, 8:15	*Over 45 Twilight Gas House Cove
Jul 16	Sat 11:00am	Walt Schneebly Over 60 Cove
Jul 23	Sat, TBD	*Trans Tahoe Relay
Jul 30	Sat, TBD	*Santa Cruz One Mile
Aug 7	Sun 7:45 am	Joe Bruno Golden Gate
Aug 28	Sun, 8:15 am	*Fort Point
Sep 17	Sat, 8:30 am	Alcatraz
Oct 1	Sat, 8:30 am	Escape from Alcatraz Triathlon
Oct 9	Sun 9:00 am	Dolphin/South End Triathlon
Oct 31	Mon	100-Mile Swim Ends
Nov 12	Sat 5:00 pm	Pilot Appreciation Dinner
Nov 24	Thur 8:30 am	Thanksgiving Day Cove
Nov 25	Fri	Grizzly Bear Challenge
Dec 18	Sun, 9:00 am	New Year's Day Qualifier
Dec 18	Sun, 10:30 am	Holiday Brunch Party
Dec 21	Wed	Polar Bear Swim Begins
Dec 31	Sat 11:59pm	Grizzly Bear Challenge Ends

**ROWING TRAINING**  
On the these Saturdays  
beginning at 9:00 am:  
January 22, Saturday  
February 19, Saturday  
March 19, Saturday  
April 23, Saturday  
May 21, Saturday  
June 18, Saturday  
July 23, Saturday  
August 20, Saturday  
September 17, Saturday  
October 22, Saturday  
November 19, Saturday  
December 17, Saturday

### SWIM PROGRAM RULES

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. For out-of-cove swims, swimmers must be members in good standing with club dues current, \$40 swim fees paid, and a current PMS card on file. In-cove swims are free and open to all members.
4. New members are not eligible to swim in scheduled out-of-cove swims for six months from their membership start. However, if one successfully completes the 100-mile swim or 40-mile Polar Bear swim before their six months are up, they can participate in out-of-cove swims.
5. Swimmers must be in attendance at briefing prior to each swim in order to participate.
6. Swim sign-up sheets are posted two weeks prior to each swim.
7. Time limits are imposed and enforced for all swims.
8. All club boats are reserved for scheduled swims.
9. In-town members must successfully complete three swims and pilot or help on at least two others.
10. Out-of-town members (those residing 100+ miles from the club) must have successfully completed two of the last three club scheduled Alcatraz and/or Golden Gate swims or meet Rule 9 above.
11. \* Indicates swim is a qualifier for Alcatraz and Golden Gate Swims

*All times are approximate & subject to change.  
TBD means "to be determined".*

Alcatraz Island  
1.4 miles



Fort Point  
3.5 miles

Crissy Field  
2.5 miles

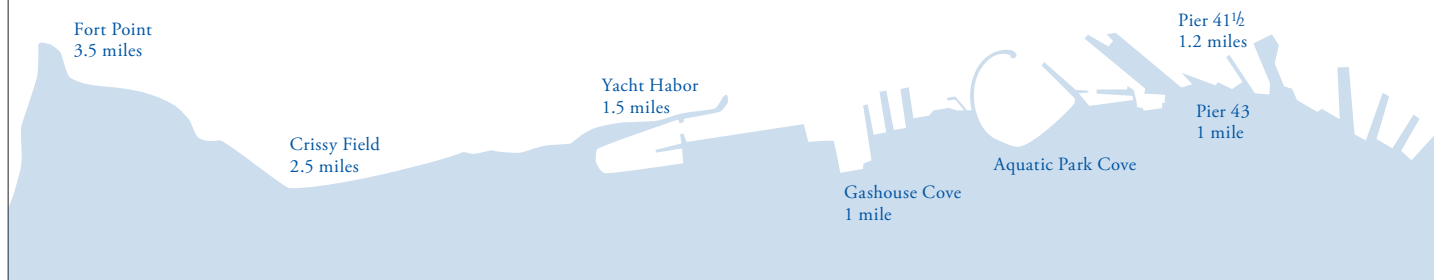
Yacht Harbor  
1.5 miles

Gashouse Cove  
1 mile

Aquatic Park Cove

Pier 41½  
1.2 miles

Pier 43  
1 mile







# Once 'Round the Cove

## Dolphin Log

Keith Howell, *Editor*  
Joe Illick, *Editor*  
Story Rafter, *Proofreader*  
Sunny McKee, *Graphic Designer*  
Lolly Lewis, *Swim Stats*

## Contributing Historian

Walter Schneebeil

## Published By

The Dolphin Swimming  
& Boating Club  
502 Jefferson Street  
San Francisco, CA 94109  
www.dolphinclub.org

## Board of Governors

John Ottersberg, Eileen Buckley,  
Sunny McKee, Seth Katzman,  
Robin Rome, Tom Keller, Jim  
O'Conner and Peter Van der  
Sterre

## Officers

Ruben Hechanova, *President*  
Ken Coren, *Vice President*  
Gretchen Coffman, *Recording Secretary*  
Margaret Keenan, *Financial Secretary*

Rick Avery, *Treasurer*  
Diane Walton, *Boat Captain*  
Joe Gannon, *House Captain*  
Lou Marcelli, *Commodore*

Lolly Lewis, Eric Shupert, John  
Ottersberg, *Swim Commissioners*

**Cover** - Log Covers, Rich  
Cooper

## Printing

MC Printers

## Prepress

Royce Color, SF

## Editorial Policy

Submission of any and all material to the Log editors from any and all authors constitutes an agreement between the authors and the editors. This agreement gives to the editors the right to alter the submitted material in any way that the editors feel will improve the material for Log readers. Decisions to alter or publish submitted material will be the decision solely of the editors.

## Bridge to Bridge

Lolly Lewis

Swimming in the English Channel this summer was such a peak experience I figured there was very little that could top it. But I managed to find something this morning when Jason Prodoehl and I swam from the Bay Bridge to the Golden Gate. Luke Donovan suggested we try this swim, and we picked the day with the strongest ebb we could find that would give us a reasonable morning window - we are all in the 6am club so with a little schedule adjustment we

could have relatively normal days even with this long swim at the front end. Wednesday would have been a slightly later start but the Tuesday ebb was stronger so we went with that. I secured a permit from the Coast Guard (necessary, as we were planning to cross Ferry lanes), we found pilots for all and for our "committee boat" zodiac and we started looking forward to the day. Bereft of Luke who had to drop out due to an untimely 'flu attack, we embarked on our *folie à deux* at just after 5 o'clock. Marcus Auerbuch rowed east in the *Gladys Austin*, racing the cruise ship *Sea Princess* to see who



## D S & B C Board Members 2012 Term

### Officers

<i>President</i>	<i>Treasurer</i>
Reuben Hechanova	Rick Avery
<i>Vice President</i>	<i>Financial Secretary</i>
Ken Coren	John Ottersberg
<i>Recording Secretary</i>	<i>Boat Captain</i>
Gretchen Coffman	Diane Walton
<i>House Captain</i>	
Joe Gannon	

### Board of Governors

Margaret Keenan  
Sunny McKee  
Robin Rome  
Jane Mermelstein  
Peter van der Sterre  
Eileen Buckley

On learning that The new America's Cup report establishes a circular path for swimmers 100 to 150 feet wide.

For six long months, we'll be free  
To swim in circles in the sea.  
Through the Ellison fields we'll crawl  
No squares or plazas, just a mall.  
We'll circumscribe the cluttered bowl  
Careless of flag or buoy or goal,  
Posts now random, prizes few  
Close your eyes, ignore the view.

-Anon

## HIGHLIGHTS OF KAYAK REGULATIONS

1. Privately owned kayaks must be registered with the Boat Captain.
2. Privately owned kayaks are available for use by any trained, qualified member.
3. All kayaks, privately owned and Club owned, must be signed out in the log book, located in the Boat House. Indicate name ("Shut Up and Swim") or use descriptor ("purple Penguin") or just write "my kayak".

*Failure to sign kayaks out, clean them up, and put them away will result in loss of the privilege of using others' kayaks.*



photo Emily Roth

Marty Maddox works on champion backstroke Missy Franklin

## Therapist to the Stars

Life member Marty Mattox was selected as one of the physical therapists to be on USA Swimming's Sports Performance Network and to provide care at this year's USA National Swim Championships. The championships were held in Palo Alto at Stanford's Avery Aquatic Center on August 2-6

In working with elite swimmers, Marty found that their interests and ailments were similar to those of the rest of us. They all have aches of either their deltoids or calves. They are also often sleep deprived, from worry, overtraining, or jetlag. (Many of the swimmers at Stanford had just arrived from the World Championships in Beijing.) They are concerned with best times and try to laugh off "personal worsts." And what did they eat the night before that made them swim faster—or not?

She had a chance to work on Taylor Clarey, Ricky Berens, and Missy Franklin. "It was a great experience" says Marty, "to have the opportunity to be among the best swimmers in the world as they prepare for London 2012."

Marty can be reached at [marty.mattox@ultrahealth.org](mailto:marty.mattox@ultrahealth.org)

would be the first to make it around Pier 35. *Sea Princess*, but only by a hair. Having to go around the giant cruise ship delayed his progress so much that Marcus only beat us out to the bridge by 20 or 30 minutes. Meanwhile team captain Doug James drove the Dolphin *Moon* with swimmers, crewman Patrick Torre, and pilot Vince Huang on board, kayak in tow.

We hit the water at about half-past 6 (late again!), and started swimming north along the waterfront. As always, I felt the thrill of watching the Bay Bridge zoom south behind us as the ebb took hold. I love watching the city fly past, seems like every breath there's a new view: Ferry Building! Bank of America! Coit Tower!

Because we didn't need to slow down to be sure to make the opening, this was our chance to really get on the ebb train. Vince said, "let's get out into the channel!" and instead of turning left at Pier 27, we continued straight toward Alcatraz.

As we emerged north of the city skyline I stopped and looked around. We were precisely half way, and Vince and I floated for a moment admiring the sight of the two bridges with our jewel of a city framed between them. Soon the water temperature dropped

as we met the river water flowing west. We picked up speed and rode that current around the "corner." With each breath I looked for landmarks, but quickly realized we were too far from shore to see the pier signs and familiar territory of Pier 39 and the *Jeremiah O'Brien*. I looked to the right: we were less than half a mile from Alcatraz! The island looked stark, its shape crisply defined, not the misty ghost obscured by fog that we usually see on gray days like this. It was the city that looked like a phantom. Forty minutes on the chrono as we passed the opening in the distance. I wouldn't have known except Vince gave me a shout -- all I could make out was the Fontana towers as we approached and then zoomed past Aquatic Park.

As we passed Fort Mason's forested hillside it felt like we left the calm protection of the city and began to explore the wild lands of the outer bay. The water was choppy, with a west wind kicking up the waves. But still, the current kept us flying west - Ft. Mason piers! St. Francis Yacht Club! Palace of Fine Arts!

Finally, time to head toward shore: Our plan was to let the shallow water near the fishing pier at the Warming

Hut slow us down: no WAY did we want to chance getting swept out the 'Gate. With only one zodiac we knew it would be impossible to cover both swimmers. This plan turned out to be prudent, as Jason and Marcus had taken a very different route and were nearly 10 zodiac-cruising minutes away from us.

Suddenly the water completely changed. It was colder still disorganized without a unified current. The westward stream was gone; we had crossed the tide line! Behind us in the center of the channel, it was still on ebb but as we approached the shore it had already changed. It was slow going to swim toward the rocks near Fort Point, so once we were safely out of the current I stopped and got hauled into the *Moon*. Jason had landed at the west beach at Crissy Field; Marcus picked him up there and they rowed out to transfer Jason into the zodiac (after which Marcus, unencumbered, took a turn around the South Tower). Yummy hot tea and a banana were perfect to get us back home and thence to Joanie's for a hearty breakfast: hooray for happy swimmers and their masterful pilots!!





# Historic Dolphin Logs Preserved - and Online

Rich Cooper

The entire collection of *Dolphin Logs* can now be browsed online! Using original publications contributed by Walt Schneebeli and Rich Cooper, the paper documents have been scanned and converted into modern digital media. This archive includes the first publication in 1949 through 2010, consisting of 274 issues and about 1820 manually scanned pages. We intend to add to the online archive year by year.

In addition to making these old *Logs* more accessible, the project has helped to preserve this fragile collection of articles about the history of our club. Now captured in digital format, backup copies have been made for safe-keeping. A copy has already been donated to the San Francisco History Center at the SF Public Library. Other donations are likely, and DVD data disks could be made for personal use by club members if there's enough interest.

The easiest way to access the *Logs* is via our club web site, [www.DolphinClub.org](http://www.DolphinClub.org). Click on the link "*Dolphin Log Archives*" which will show a listing of files. Logs have been grouped into files of "books" covering about five-year periods. If you click on a book you'll get its title page. On the left side of the title page is a box "View the Book." Click on "Read Online" and you'll see actual pages of text and photos. There are basic navigation arrows and zoom controls at the bottom of the screen. At the top is a Search box where you can enter names, words, etc., and it will find them within the book.

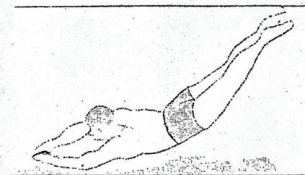
Try the online system by reading the Spring 1999 issue which has an interesting story on the 50th anniversary of the *Dolphin Log*. We should be grateful to all the *Log* editors, writers, photographers, contributors, and other volunteers who recorded club history over the many years.



Vol. I, No. 4

# SEPT. DOLPHIN LOG 1949

## 32ND GOLDEN GATE SWIM



### BOAT ROOM

The Charles McCarthy Contracting Co. was given the go-ahead by the Board to complete the work on the rest of the Boat House, covering the walls with driftwood from the knee braces to the floor. This was a change in the original plans in which a working party of members was to finish the job.

### SWIM MEETING SEPT 11

Jimmy Cronin will fire his trusty six-shooter at 9:04 A.M., Sunday, September 18, and 29 Dolphins will hit the water for the 32nd Annual Golden Gate Swim.

Ray Cernassi, winner of the '47 and '48 swims, will undoubtedly take first honors again. But the swim will be a battle for the rest of the positions.

Lennie Gelardi, Jr., who has taken second place in '47 and '48, will be challenged by Eric Borgeson, Joe Bruno, and Cliff Quist.

Michael Desmond, who was last piloted by his father, the late Michael, Sr., will also be a contender for one of the top positions.

### BACK STROKE ATTEMPT

Donald Mozzetti, a young Poly Tech grad, will make his back stroke attempt.

September 1949



# DOLPHIN LOG

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING & BOATING CLUB  
Edited by Roland Demarais



Volume 9, Number 5

May, 1957

San Francisco, Calif.

## JOHN WIELAND BENEFIT DANCE, SATURDAY, JUNE 1, AT CLUB



May 1957

# DOLPHIN LOG

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB  
502 Jefferson Street Edited by Roland Demarais Organized 1877

VOLUME XV, NUMBER 2 JUNE 1964 SAN FRANCISCO, CALIFORNIA

## PAAO CHAMPIONSHIP REGATTA, OAKLAND, SAT., JUNE 20

MYRON HECKMAN GOES EAST  
FOR U.S. OLYMPIC TRIALS



### CLUBS TO ROW ON ESTUARY HIGH SCHOOLS AT LAKE MERRITT

A double header in rowing will be held Saturday, June 20, when the Dolphin sponsored Lincoln High fours compete with the East Bay high schools on Lake Merritt and the club and college events will be held on the Oakland Estuary — all a part of the Pacific Association of Amateur Oarsman Annual Championship Regatta.

Most of the crews will come from Southern California, with Long Beach Rowing Association, San Diego Rowing Club, and Orange College among the entries.

Other entries includes the Lake Washington Rowing Club from Seattle and American River Rowing Club from Sacramento.

Spectators will be able to see the big eights and the fours in action at 9:30 A.M. when the heats start on the Oakland Estuary. The final events will begin about 2:00 P.M.

Rowing the Dolphin fours will be Chuck Mohr, Andy Kerr, Russ Benda, and Chuck Isel.

In the high school events, which will start about 11:00 A.M. on Lake Merritt, coach Tom Troneum has announced

June 1964

# DOLPHIN LOG

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB  
502 Jefferson Street Dave Hinton, Editor Organized 1877

6/1971

NEW OFFICERS FOR 1971

The following were unopposed in their respective offices so the make-up of the Governing Branch of the Club will be as follows:

President: Walter Stack	Board Members: Pete Bianucci
Vice President: John Beale	John Parent
Boat Captain: Dino Linducci	Walter Jennings
Treasurer: Lawton Hughes	Mark Haskell
Financial Secretary: Tom Gould	Al Ward
Recording Sec'y: Walter Schneideli	
Commissioners: Peter Bianucci	Handball: Al Ward
Swimming: Frank Blair	Running: Walter Stack
Official Club Photographer: Jerry Hawryluk	Don Kieran
Official AAU Timer: Jack Gordon	Dr. Buck Swannack
	Rowing: John Parent
	Lake Merritt Coach: Tom Troneum

**COVE HANDICAP SWIM - JUNE 26TH**

Sign up now so that the handicap Chairman can give you an accurate starting time! Race starts 10:30 A.M. Start and Finish at the Club Beach.

**1ST DOLPHIN/SOUTH END POWDER PUFF SWIM**  
JUNE 26TH - ROUND THE COVE

This should be a lot of fun for the wives and gal friends sponsored by members of both clubs. Look out for some speed burners - many of these younger college gals can really power their way around a short cove course.

**REST OF SWIM SCHEDULE FOR THE SEASON**

July 10	11:30 A.M.	Gas House Cove
July 17	11:00 A.M.	Pier 43 1/2
Aug. 7	10:30 A.M.	Yacht Harbor
Aug. 21	9:30 A.M.	Fort Point
Sept. 11	9:00 A.M.	Pier 41
Sept. 26	9:30 A.M.	Golden Gate

Swimmers: Be sure to wear the Coast Guard approved cap when taking part in all swims.  
Pilots: Please wear the orange vest provided by the Chief Pilot for all swims.

**REPORT ON THE DOLPHINS DAY AT THE MARIPOSA BOAT CLUB APRIL 26TH:** Result of swim around Pier 50 to

June 1971

Happy Holidays

New Board  
See Page 6

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB  
Organized 1877 San Francisco, California December 1981

### NO ELECTION THIS YEAR

Dolphins will be saved wear and tear on their pens and another trip to the mailbox this year. All candidates for the Dolphin Club offices ran unopposed. Nine candidates ran for the nine governor-at-large positions. So the ballot-by-mail (or ballot any other way) was unnecessary. Fortunately, at least one (though only one) person ran for each available office -- another triumph for the democratic system.

Pavla Podolska would have made a tenth candidate for governor-at-large but she did not appear at the November meeting, as required by the club constitution.

New officers are:  
President, Frank Drum; Vice President, Stan Hlynsky; Financial Secretary, Dan

### UPCOMING PARTIES

**OLD TIMERS' NIGHT**  
Honor the Old Timers who built our club Saturday December 12. Crab Feed. Memorable Cocktails at 6:30 p.m. Dinner at 8:00 p.m. All members welcome -- One guest per member \$9.00 per person.

**CHRISTMAS PARTY**  
Good cheer and gourmet grub as you and other Dolphins compete to bring the best in food and drink. This year the Stubb Room provides a breathtaking view of the Bay unavailable

December 1981

# DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club • Spring - 1992 • San Francisco California • Established 1877

Spring 1992





Walt Schneebeli and Rich Cooper have put the entire collection, 1949-present (274 issues), of *Dolphin Logs* online; go to [www.DolphinClub.org](http://www.DolphinClub.org) and click on "Dolphin Log Archives."

## Keeper of the Dolphins' Flame

Joe Illick

On those Sundays when I run into Walt Schneebeli, one or the other of us comments on a sermon neither of us have heard at an unnamed church neither of us have attended. This chatter can go on for several minutes; neither of us knows what it means. Maybe it relates to our common German Moravian roots.

But on a recent sunny late Thursday morning, Walt was reminiscing about being born (1925) and growing up on Russian Hill, playing in the bay, learning to swim at Crystal Plunge pool off Columbus from Charlie Sava (Dolphin Club life member and namesake of a city pool in the Sunset), working at Steinhart Aquarium, and being introduced to the Dolphin Club by Fred Herms in 1948, just as the Dolphin Log was created by Roland Demarais.

Back then the Golden Gate swim was the Club's only out-of-cove event, one which Walt celebrated by repeating his fifty-years-past performance in an hour crossing several years ago. (He still wants to be the oldest to swim it, a feat that currently belongs to Joe Bruno.) Then came the Raccoon Straits swim and, of course, Alcatraz, characterized by Walt as "an easy swim if you had a pilot." (Jerry Cullen at 78 is the oldest Dolphin to have made that crossing.) Of course his seven-mile swim from Sausalito to the Club which he later accomplished in reverse) is not one most Dolphins have done.

But, Walt admits, "I never got used to cold water." He was not, is not a polar bear participant, though until the temperature drops he swims three or four times a week, as

far as the flag and back.

Meanwhile, he functions as the Club historian, an assignment he gave himself (and one that he has financed himself: microfilm trips to Sacramento, etc.) when he retired in 1985 and began his research in the San Francisco Public and Sutro libraries. He can produce a folder on every year of the Club's existence since its founding in 1877, and he also has files on everyone who has been a member for more than five years (the only Illick he could find in the San Francisco Chronicle had been arrested for burglary). His mind is rich in personal memories of many Dolphins, quite a few of whom are no longer with us.

Unlike Walt, Rich Cooper was born (1938) and grew up in Ohio, coming to San Francisco in 1961 to work as a chemical engineer for Chevron. Settling first in Berkeley, then El Segundo, he didn't join the Dolphin Club until 1978 after moving to the City.

Like Walt, his first swim was the Golden Gate, then Alcatraz, modestly pointing out that it was a different club then no swim qualifications and few rules. In recent years Rich has enjoyed piloting more than attempting long cold swims. In slightly warmer conditions, he placed third in his age group in the 2009 Waikiki Rough Water 2.4 mile swim.

Better that these two men spent the winters collecting and presenting issues of the Dolphin Log to the rest of us. Many thanks!







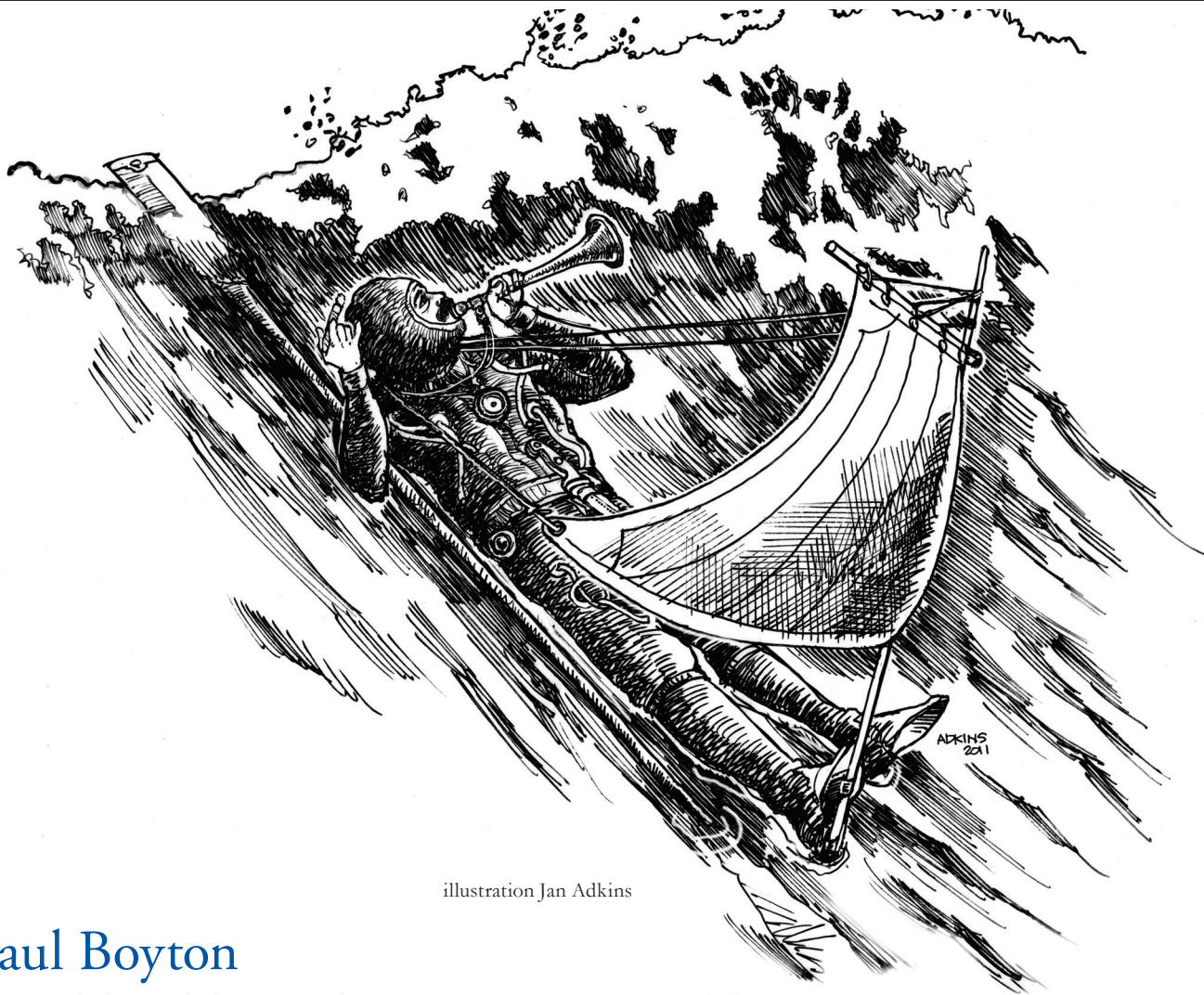


illustration Jan Adkins

## Paul Boyton Swashbuckling Showman in a Rubber Suit

Larry Scroggins

“The great waters roll from beyond the Isles of the Dead to thunder and shatter against the rocks at the west of Britain. The sea heaves there, as if the ocean gods flexed their muscles, and the white birds cry endlessly, and the wind rattles the spray against the cliffs.” This is how Bernard Cromwell describes the wild ocean on the western side of England. This is the sea into which Paul Boyton leapt in 1874 to demonstrate the original “survival suit.”

As a teenager, Mr. Boyton possessed a reckless and peripatetic streak. At fifteen, he spent less than a year in the Union Navy fighting the Confederates. He served briefly on a collecting voyage to the West Indies before the boat sank. He joined Benito Juarez’s Mexican Navy to fight the French. Then he joined the French Army to fight the Kingdom

of Prussia. He served six months as a diver for a submarine company in New York until he took passage to South Africa to hunt for diamonds. On his return to America, an unscrupulous captain attempted to shanghai him. He escaped by swimming in the middle of the night over a mile to shore in the port of Malaga, Spain and hiding in the hills.

When he finally returned to Philadelphia, the president of the Camden & Atlantic railroad Company hired Mr. Boyton to take charge of the lifesaving service in Atlantic City. In this capacity, he supervised the lifeguards at the seaside resort. In light of these aquatic management responsibilities, he was given the honorific, “Captain.” A strong swimmer, he harbored a passion for lifesaving dating to his youth when he saved a child pinned beneath a log by the strong current of the Alleghany

River. During Captain Boyton’s tenure in Atlantic City, the incidence of drowning deaths dropped from twenty per year to none. By the time he left the service, he had claim to have saved 71 lives.

His responsibilities included spending hours maintaining and perfecting the various lifesaving apparatus. In this process he discovered the newly invented survival suit of C. S. Merriman, a discovery that was to alter the course of his life. The survival suit consisted of pants and tunic made from highly vulcanized rubber. With rubber gaskets at the waist and head, it was waterproof in much the way dry suits are today. The suit contained five inflatable air chambers to assist in flotation. The wearer of the suit propelled himself feet first with a double-bladed paddle such as kayakers now use. A small sail attached to the foot could harness

a convenient wind for additional propulsion.

Mr. Merriman was the quintessential Victorian inventor who was horrified by the number of deaths resulting from pleasure boat shipwrecks. He and Captain Boyton collaborated to promote the adoption of the survival suit and save lives. Of course, their efforts far pre-dated the emergence of radio and television advertisements. The most effective route to a mass audience in those days was the newspapers. In this pursuit, Captain Boyton conducted a series of demonstrations around New York. Paddling around, shooting off flares and smoking the occasional cigar, he found the public reception rather tepid. The remedy was some heroic and sensational stunt that the news-hungry papers could not ignore.

He announced his intention to sail two hundred miles to sea in the Atlantic Ocean and paddle back in the survival suit. People jeered in disbelief. And even before the age of rampant lawsuits, no sailing captain would agree to knowingly transport him to his liquid launch site. Undaunted, he snuck aboard the steamer ship *Queen* and stowed away until he guessed it was 250 miles off shore. In the middle of the night, he donned his suit in the shelter of a life boat. He was equipped with a rubber bag containing food, water, and a double-bladed axe to defend against sharks and sword fish. Before he could leap overboard, a deckhand grabbed him roughly by the shoulder and growled, "Where are you going?" Mr. Boyton reportedly replied, "I'm going ashore."

The captain of the *Queen* confiscated the survival suit. He was not impressed with Mr. Boyton's argument that, having no ticket, he must be ejected from the vessel. Instead, the captain offered comfortable quarters and settled in for a long chat. Mr. Boyton charmed the captain with stories of his many adventures. The captain also embraced the clearly sincere desire to promote a device intended to save the lives of seafaring men. For the duration of the crossing, they spent time in the chart room poring over

possible locations for Captain Boyton to enter the sea and paddle to shore.

The other ship's officers protested in vain. The passengers, on the other hand, were enthusiastically curious. They lined the rail as the survival suit-clad figure was lowered into the water about two and a half miles off the Irish coast. The *Queen* sailed on and left Captain Boyton to deal with a growing gale and bucking seas. He narrowly survived being smashed against the massive cliffs in the vicinity of Cape Clear. Swept into a narrow ravine, he climbed to the top of the plateau and eventually stumbled to the seaside village of Baltimore in the midst of the crashing gale.

Dressed in his outlandish costume, some people took him for a sea monster.

*He was not impressed with Mr. Boyton's argument that, having no ticket, he must be ejected from the vessel.*

The next reaction was shock and concern for what must have happened to the other passengers. Finally, as the tale unfolded, the villagers embraced the hero. They sent him off to Skibbereen in a horse-drawn jaunting car with a loud huzza.

Captain Boyton made the most of the public relations opportunity. He sent telegrams to the *Queen* and the *New York Herald* announcing his accomplishment, and by the time he reached Cork, he was famous. He spent the rest of the year capitalizing on this fame. He held exhibitions paddling around for an hour, smoking cigars, lighting signal flares, and knocking the tops off bottles with a Bowie knife. He was making money and popularizing what was becoming known as the "Boyton Suit." But his sights were now set on gaining the attention of Europe. For this, he planned to cross the English Channel.

In the second week of April, 1875, Paul Boyton and his entourage (including C. S. Merriman) checked into a Dover hotel. At three o'clock on the morning of April 10, he set out on his journey to the cheers of

the Dover crowd. After a promising start, the weather turned nasty. Reporting from the pilot tug boat, Mr. McGarahan of the *New York Herald* wrote, "It was a strangely fascinating spectacle to watch him in his hand-to-hand struggle with the ocean. The waves seemed to become living things animated by a terrible hatred for the strange being battling with them. Sometimes they seemed to withdraw for a moment, as if by concert, and then rush down on him from all sides, roaring like wild beasts." Fifteen hours after he had started, Captain Boyton acceded to the pleas of the tug captain and his brother and gave up the attempt.

Despite the failure, the publicity was favorable and Mr. Boyton earned additional riches performing exhibitions in France. By the end of May, he was ready to try again going the other way. Once again, he started at three o'clock in the morning near Cap Gris Nez. This time, he had a much more peaceful crossing and landed on a rocky strip of beach at Fan Bay in England. The Queen of England and the Prince of Wales sent telegrams of congratulations. He traveled throughout England and his appearance fee soared to fifty guineas a day.

Six months later, Matthew Webb dramatically eclipsed Boynton's accomplishment. Captain Webb swam across the English Channel in a simple swim suit and without swim aids. In *The Crossing*, Kathy Watson writes, "Boyton's exploits were history, the previous hero of the Channel cut down to size, written off as a pushy little New World adventurer with a funny rubber suit and too high an opinion of himself."

A fierce debate continues today regarding the use of rubber suits for swimming in cold water. Channel\_Swimmers@googlegroups.com has some very entertaining threads on the topic. Few people question, however, that the pinnacle of swimming achievement remains the English Channel. And few people dispute that the acme of accomplishment is to make the crossing with one standard swim costume, one standard swim cap, and a pair of goggles.



# DOLPHIN LOG SWIM STATISTICS

## Joe Bruno Golden Gate Swim AUGUST 7, 2011

Place	Name	Swim Time
1	Ross Browne	20:27
1	John Selmer	20:27
3	Stephen Schatz	20:59
4	Laura Zovickian	21:23
4	Mike Silva	21:23
6	Sean Kelly	21:24
7	Michael T-Hahn	22:00
8	Keith Benson	22:25
9	Mickey Lavelle	22:27
10	John Hubenthal	22:59
11	Joel Bleskacek	23:41
12	Kate Coleman	24:03
13	John Nogue	24:21
14	Nancy Cutler	24:51
15	Tom Davis	25:47
16	Joe Omran	26:07
17	Erik Cufino	26:30
18	Doug James	27:32
19	Keith Nelson	27:40
20	Joni Beemsterboer	27:40
21	Andrew O'Mahony	27:45
22	Bob Blum	27:50
23	Andy Stone	29:21
24	Jackie McEvoy	29:42
25	Ted Coyle	29:59
26	Laura Atkins	30:08
27	Jim Frew	30:16
28	Gerard Navarro	30:26
29	Robin Rome	30:42
30	Susan M. Allen	30:58
31	Nancy Hornor	31:14
32	Lorna Newlin	31:20
33	Pete Neubauer	31:26
34	Hal Offen	31:42
35	Rey Hassan	31:51
36	Keith Howell	31:55
37	Richard Haymes	32:09
38	Susan Lauritzen	32:33
39	Sam Ferguson	33:00
40	Carrie Sloan	33:14
41	Dawn Holley	33:25
42	Eileen Buckley	33:44
43	Wendy Katzman	34:00
44	Kent Myers	34:05
45	Jeff Russell	34:18
46	Nishanth Puchalapalli	34:33
47	Janice Wood	34:36
48	Neal Powers	34:45
49	Mark Lubiszewski	34:50
50	Will Powning	34:59
51	John Ingle	35:12
52	John Hornor	35:30
53	Era Osibe	37:43
54	Joe Gannon	40:39

### Test Swim Team

Barry Christian, Diane Walton, Tom Hoffman, Bill Schroeder, Liz Kantor, Patrick Torre, Polly Rose, John Nestor, Michael McElligott, Ken Coren, Ken Frank, Eric Shupert

### Pilots

Barry Christian, Diane Walton,

Melissa King, Paul Brady, Bill Schroeder, Thomas Callinan, Kim Chambers, Ken Coren, Ken Frank, Liz Kantor, Mary Magocsy, Marcus Auerbuch, Patrick Torre, Paul Irving, Rich Cooper, David Haskel, Jon Bielinski, Duke Dahlin, Terry Horn, Mike Coren, Rebecca Tilley, Dave Zovickian, Gretchen Coffman, Don Harrison

### Helpers

Lisa, Adrian, Bob Blum, Bill Burke, Nancy Cutler, John Davis, Sam Ferguson, Nancy Friedman, Joe Gannon, Brian Gilbert, Butch Haze, Tom Hoffman, Dawn Holley, Nancy Hornor, John Hornor, Doug James, Seth Katzman, Melissa King, Andrea McHenry, John Nogue, Hal Offen, Emma Perez, Daragh Powers, Neal Powers, Robin Rome, Polly Rose, Anne Sasaki, Alex Sigal, Andy Stone, Nobu Takahashi, Rebecca Tilley, Rachel Weidinger, Kennedy Williams

## Fort Point Swim

AUGUST 28, 2011

1	Suzanne Heim-Bowen	55:33
2	John Renko	58:52
3	Mike Silva	1:00:27
4	Jesse Czelusta	1:01:52
5	Duke Dahlin	1:07:14
6	Nigel Killeen	1:07:54
7	Anders Knox	1:08:22
8	Mickey Lavelle	1:12:00
9	Nancy Cutler	1:12:22
10	Conor Power	1:13:41
11	Daniel Madero	1:14:40
12	Andrew O'Mahony	1:15:47
13	Bill Burke	1:16:59
14	Tom Davis	1:17:25
15	Gina Rus	1:17:53
16	Doug James	1:18:12
17	Dawn Holley	1:22:05
18	Pete Neubauer	1:23:46
19	Hal Offen	1:27:32
20	Robin Rome	1:29:06
21	Vladimir Mezhibovsky	1:29:53
22	Alex Buehlmann	1:30:02
23	Sam Ferguson	1:33:22

### Test Team:

Ken Coren, Mark Gustin, Reuben Hechanova, Liz Kantor, Lolly Lewis, John Ottersberg, Pete Perez, Patrick Torre, Diane Walton

### Pilots:

Jay Adams, Marcus Auerbuch, John Blackman, Carol Block, Gerald Block, Michael Chase, Barry Christian, Jim Frew, Reuben Hechanova, Terry Horn, Liz Kantor, Margaret Keenan, John Latta, Mary Magocsy, Kent Myers, John Ottersberg, Pete

Perez, Emily Roth, Bill Rus, Bill Schroeder, Patrick Torre, Chuck Vogt, Diane Walton

### Helpers:

Bill Burke, Ken Coren, Sam Ferguson, Brian Gilbert, Doug James, Sukh Kaur, Robert Kolbe, Susan Lauritzen, Lolly Lewis, Jane Mermelstein, Jim O'Connor, Andrew O'Mahony, Hal Offen, Arnie Oji, Racheal Perry, Daragh Powers, Neal Powers, Jason Prodoehl, Polly Rose, Eric Shupert, Michael Silva, Jr., Andy Stone, Cheryl Wallace, Kennedy Williams, Janice Wood

## Alcatraz Swim

SEPTEMBER 18, 2011

1	John Ottersberg	30:27
2	Stephen Schatz	30:49
3	Jesse Czelusta	32:30
4	Ross Browne	32:40
5	Tom Nuckton	33:00
6	Sean Kelly	33:13
7	Paul Vanhoven	34:20
8	John Selmer	34:29
9	Joel Bleskacek	37:15
10	Arnie Oji	37:53
11	Morgan Kulla	37:54
12	Cesar Manzano	38:32
13	John Nogue	38:46
14	Doug James	39:23
15	Nancy Cutler	39:45
16	Daniel Madero	39:53
17	Erik Cufino	41:31
18	Andrew O'Mahony	42:03
19	Laura Atkins	42:12
20	Bob Blum	42:17
21	Joe Spallone	42:58
22	Rick Avery	43:11
23	Jay Adams	43:47
24	Neal Powers	44:32
25	Dawn Holley	44:50
26	Jim Frew	44:58

27	John Hornor	45:47
28	Nancy Hornor	46:18
29	Lorna Newlin	47:08
30	Ted Coyle	47:34
31	Keith Nelson	47:51
32	Pete Neubauer	48:27
33	Jackie McEvoy	49:08
34	Jen Votava	49:13
35	Richard Haymes	49:25
36	Kris Steck	50:06
37	Cheryl Wallace	51:27
38	Kent Myers	51:35
39	Hal Offen	51:38
40	Dean Badessa	51:48
41	Janice Wood	52:14
42	Will Powning	52:29
43	Mark Lubiszewski	52:45
44	Sam Ferguson	57:18
45	Joe Gannon	57:47
46	John Ingle	1:01:59

### Pilots:

Lindsay Anderson, Marcus Auerbuch, Jon Bielinski, Carol Block, Gerald Block, Barry Christian, J.D. Durst, Don Harrison, David Haskel, Brian Herrick, Terry Horn, Liz Kantor, Margaret Keenan, Bill Schroeder, Nick Strelchuk, Patrick Torre, Diane Walton, Dave Zovickian

### Helpers:

Susan J Allen, Marcus Auerbuch, Marjorie Boor, Andrew Cassidy, Rich Cooper, Sam Ferguson, Nancy Friedman, Joe Gannon, Brian Gilbert, Butch Haze, Dawn Holley, Libbie Horn, John Hornor, Nancy Hornor, Doug James, Sukh Kaur, Athena Kyle, Mickey Lavelle, Lolly Lewis, Grant Mays, Jackie McEvoy, Jane Mermelstein, Pete Neubauer, John Nogue, Jim O'Connor, Hal Offen, Arnie Oji, John Ottersberg, Jake Pavlovsky, Emma Perez, Daragh Powers, Neal Powers, Robin Rome, Polly Rose, Rob Schroder, Andy Stone, Nobu Takahashi



John Hornor takes the plunge for the Alcatraz Swim

## SWIM COMMISSIONERS REPORT

**W**ith the swim program activities focused on the tenths of degrees that the water has dropped and on the precise routes that will lead to that elusive goal of 20 or 40 Polar Bear miles, it is worth reminiscing on those balmy days in the Bay when we scarcely noticed the temperature, and when distances were measured by notable distant landmarks such as the Bay and Golden Gate Bridges, Alcatraz, the Commodore's Course, etc..... This past year and its achievements were celebrated in November with the annual Pilot's Appreciation Dinner when we were able to go into great detail about the tremendous efforts of pilots and helpers who make the swims all possible and for whom we are so grateful. At

the dinner we also recognized many swimmers who stood out during our scheduled Club swims as well as other notable swimming efforts such as English Channel and Farallon Island Relays.

There have been many notable moments in another year of swimming and boating here in this very unique place. Even so, what is especially great about recognizing such feats is that it still does not take away from what almost every individual will tell you on any given day when asked how their row or swim went. Even on the most blustery day, when someone is putting away a boat or stepping out of the water after a swim, the almost predictable answer when asked "How's the water?" is "It's beautiful!" How could it not be given that our activities are all taking place with the backdrop

of some of the most dramatically beautiful scenery in the world. Even when I personally had an unpleasant Otariidae pinniped chomp down on my knee one evening, I still recall the beautiful flat water that reflected the full moon coming over the horizon.

But I will not try to write about the entire year of the swim program; I will leave the stories to be told and embellished in the sauna and during happy hours. However, for starters, you can review the list below of special recognitions and awards given back in November, but be sure to share the other moments that are given to us all so gratuitously on a daily basis at the Dolphin Club.

Sincerely,

*John Ottersberg (on behalf of my fellow commissioners Lolly Lewis & Eric Shupert)*

### 2011 Swim-Pilot Recognition

<b>Yacht Harbor</b>	<i>John Renko</i>
<b>Polar Bear - 1st to 40 Miles</b>	<i>Sean McFadden – 8 days</i>
<b>Polar Bear</b>	<i>Ross Browne</i>
<b>Pilot of the Year</b>	<i>Marcus Auerbach</i>
<b>Pier 41</b>	<i>John Renko</i>
<b>Pier 39</b>	<i>John Ottersberg</i>
<b>Most Inspirational</b>	<i>Suzie Dods</i>
<b>Most Improved</b>	<i>Nobu Takahashi</i>
<b>Ladies Cup</b>	1. <i>John Renko,</i> 2. <i>Steve Schatz</i> 3. <i>Laura Zovickian</i>
<b>Joe's Award</b>	<i>Joe Illick</i>
<b>Helper(s) of the Year</b>	<i>Nick Strelchuk</i> <i>Peter van der Sterre</i>
<b>Handicap Cove</b>	<i>Janice McCall</i>
<b>Golden Gate - Youngest</b>	<i>Andrew O'Mahony</i>
<b>Golden Gate - Polywag</b>	<i>Ross Browne</i>

### Golden Gate - Overall 1st

TIE - *Ross Browne*

*John Selmer*

*Keith Howell*

### Golden Gate - Oldest

### Golden Gate – fastest City employee

*Mickey Lavelle*

*Laura Burtch-Zovickian*

### Golden Gate - 1st Female

### Gashouse Cove - Over 45

*Ross Browne*

### Gashouse Cove

*John Renko*

### Fort Point

*Suzanne Heim-Bowen*

### First Mate(s)

*Janice Wood*

*Dan McGill*

### Crissy Field

*John Stassen*

### Crazy Cove

*John Renko*

### Bay Bridge

*Michael Chase*

### Andy Camus (Oar - rower)

*Racheal Perry*

### Alcatraz New Year's Day

*Adam Engelskirchen*

### Alcatraz

*John Ottersberg*

### 60+ Cove

*Sean Kelly*

### 100 Mile Swim

*Ross Browne*

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# DOLPHIN LOG SWIM STATISTICS

## Escape From Alcatraz Triathlon OCTOBER 1, 2011

Place	Name	Swim	Bike	Run	Total
1	Lanz, Joel	0:42:28	0:47:32	2:07:00	3:37
2	Czelusta, Jesse	0:34:20	0:44:40	2:33:00	3:52
3	Tillotson, Natie	0:37:36	0:48:24	2:27:00	3:53
4	Takahashi, Nobu	0:50:30	1:03:30	2:03:00	3:57
5	Pohlmann, Brent	0:42:16	0:49:44	2:37:00	4:09
6	McFadden, Sean	0:40:08	0:46:52	2:46:00	4:15
7	Ottersberg, John	0:34:15	0:53:45	3:09:00	4:37
8	Brown, Tom	0:38:17	0:53:43	3:09:00	4:41
9	Sigal, Alex	0:48:54	1:01:06	2:54:00	4:44
10	Power, Conor	0:47:43	0:48:17	3:14:00	4:50
11	Donavan, Luke	0:46:51	0:55:09	3:12:00	4:54
12	McKee, Mark	0:50:06	0:59:54	3:09:00	4:59
13	Halsted, Scott	1:05:27	1:00:33	2:55:00	5:01
14	Condro, Laurel	0:44:17	1:02:43	3:17:00	5:04
15	Molnar, Peter	0:46:27	1:00:33	3:24:00	5:11
16	Lillios, Tony	0:41:47	0:56:13	3:33:00	5:11
17	Moore, Rory	0:57:21	0:57:39	3:18:00	5:13
18	Offen, Hal	1:01:42	0:58:18	3:14:00	5:14
19	Wilhelm, Tom	0:56:14	1:04:46	3:13:00	5:14
20	Vanhoven, Paul	0:40:06	1:06:54	3:28:00	5:15
21	DuComb, Anthony	1:03:15	1:02:45	3:11:00	5:17
22	Avery, Rick	0:52:56	1:05:04	3:21:00	5:19
23	Hulihan, Jim	0:41:07	1:07:53	3:36:00	5:25
24	Tilley, Rebecca	0:45:25	1:00:35	3:39:00	5:25
25	Hornor, John	0:54:05	1:01:55	3:33:00	5:29
26	Miyashita, Mari	0:51:57	1:18:03	3:20:00	5:30
27	Towers, Matthew	1:01:18	1:02:42	3:37:00	5:41
28	McKee, Sunny	0:46:33	0:59:27	3:56:00	5:42
29	Nakamura, Jon	0:43:50	1:03:10	3:55:00	5:42
30	Arnold, Bryan	1:00:03	1:16:57	3:27:00	5:44
31	Shupert, Eric	1:07:59	1:14:01	3:24:00	5:46
32	Callinan, Tom	0:52:12	1:02:48	3:56:00	5:51
33	Robinson, Jamie	1:01:43	1:13:17	3:36:00	5:51
34	Dunn, Ann	0:40:44	1:14:16	4:03:00	5:58
35	Duhau, Stephanie	0:56:46	1:28:14	3:36:00	6:02
36	Webb, Mike	0:47:45	1:11:15	4:09:00	6:08
37	Nowell, Keith	0:58:21	1:13:39	3:58:00	6:10
38	Linthicum, Tom	0:44:55	1:18:05	4:19:00	6:22
39	Rus, Gina	0:48:40	1:12:20	4:25:00	6:26
40	Toubol, Jessica	0:46:10	0:19:50	5:21:00	6:27
41	Austin, Brenda	0:53:48	1:21:12	4:28:00	6:43
42	Bump, Cathy	0:57:52	1:19:08	4:42:00	6:59
43	Buehlmann, Alex	0:55:15	1:15:45	5:03:00	7:14
44	Bailey, Kathy	1:10:43	1:11:17	4:56:00	7:18
45	Luong, Allen	0:55:12	1:41:48	4:54:00	7:31
46	Newlin, Lorna	0:51:50	1:31:10	5:19:00	7:42
47	Rome, Robin	1:02:34	1:44:26	5:05:00	7:52
48	Taylor, Phil	1:08:25	1:24:35	5:21:00	7:54
49	Cantini-Norkin, Mary	1:07:24	1:42:36	6:10:00	9:00
50	Glass, Elizabeth	0:56:20		DNF	



The great group of volunteers at the Stinson Beach aid station  
Cathy Delneo, Monica Towers, Jane Mermelstein and Suzie Dods

	Relay Team	Swim	Bike	Run	Total
1	Formerly Fast Guys- Jeff Gunderson, John Kaplanis, Vince Fausone	0:32:16	0:37:44	2:31:00	3:44
2	Fighting Sullivans Jack and Dan Sullivan	0:44:14	0:39:46	2:37:00	4:04
3	The Wonder Kim Chambers, Mike Silva, Vincent Huang	0:31:51	0:43:09	3:27:00	4:45
4	Moyer Timothy Moyer, Max Barbie, Michael Ragutti	0:46:58	0:51:02	3:06:00	4:47
5	3 Dolphins with a Porpoise Cutler, Camillo, Hutton	0:42:07	0:53:00	3:13:00	4:54
6	Team Schwaab Andy Schwaab, Jim McDonald	0:31:15	1:06:45	3:28:00	5:09
7	Bonnie and Clyde Bonnie Brown, Jeff Brown, Tom Wilhelm	0:37:58	1:20:02	3:13:00	5:14
8	KP&J Kristen Steck, Jennifer Votava, Petr Votava	0:58:25	1:00:35	3:47:00	5:49
9	MC Squared Margaret Keenan, Margaret Curtis, Candace Kelly	0:44:51	0:52:09	4:10:00	5:50
10	Triple Threat Jon Amdur, John Renko, Mary Alex	0:30:40	0:43:20	4:50:00	6:07

### THANKS TO ALL OF THE WONDERFUL VOLUNTEERS!

Jason Prodoehl	Susan Lauritzen	Monica Towers	Jackie McEvoy
Susan Allen	Jane Mermelstein	Mary Magocay	Dawn Holley
John Blackman	Paul Brady	Brian Gilbert	Suzie Dods
Meg Reilly	Mary Cantini	Dennis Watson	Robin Kincaid
Pete Bianucci	Doug James	Tom Hofmann	Maria Favata
Keith Weaver	Nancy Hornor	Will Powning	Anthony DuComb
Ken Coren	Bob Cable	Mary Alex	Rob Schroeder
Rebecca Tilley	Krist Jake	Linda Thomas	Noah Zovickian
Laura Atkins	Sam Ferguson	Margaret Curtis	Barry Christian
Laura Merkl	Laura Zovickian	Scott Halsted	Ben Zovickian
Lolly Lewis	Diane Walton	Carol Watson	Loretta Madden
Michelle Deasey	Robin Rome	John Ingle	Ken Frank
Marcus Auerbach	Janice Woods	Sukhbir Kaur	Peter van der Steere
Dierdre Gulai	Dave Zovickian	Nancy Friedman	Susan Petro
Linda Nowell	Ross Brown	Maloney	Nick
Kennedy William	Mark McKee	Scott Halsted	Sunny McKee
Ann Turtle	Tina Voight	Bill Schroeder	Charles De Ferrari
Gerald Block	Carol Block	Candace Kelly	Eduardo Barranco
Meghan Callinan	Anne Sasaki	Gary Ehrsam	Barry Christian
Steve Schatz	Lisa Adrian	Linda Nowell	

### Marin Amateur Radio Society:

Randy Jenkins	Alma Crew:
Stan Barbarich	Jason Rucker
Ariel Gallega	Tom McCall
Santon Gleason	Tom Hunt
Matt Schallack	Connie Wellen
	Mary



Virgin Escapees Mri Miyashita, Jessica Toubol, Alex Sigal, Tom Brown, Jesse Czelusta,  
Ann Dunn, Scott Halsted and Bryan Arnold

# DOLPHIN LOG SWIM STATISTICS

Dolphin South End Triathlon OCTOBER 9, 2011

SOUTH END 558-DOLPHIN CLUB 308



Hooray for the pilots! Brian Herrick, Margaret Keenan, Lindsay Anderson piloting the Alcatraz swim

## Row Results

### Barge

South End 10:23.09  
Dolphins 10:28.08

### Weiland Crew:

(Kelly Amdur, Natazha Bernie,  
Cheryl Brink, Laura Burtch,  
Meg Donaldson, Laura Small,  
Charlie McIntyre cox)

### Double Shells

1st DC Cormorant 21.13.09  
(Kelly Amdur, Rachael Perry)  
2nd SE 24.02.05  
3rd DC Troneum 26.31.9  
(Gretchen Coffman, Grant Mays)

### Single Shells

1st SE 22.38  
2nd DC (Jay Dean) 22.49  
3rd SE 24.37  
4th DC (Doug James) 26.26  
5th DC (Marianne Dean) 28.24

### Double Viking

1st SE 20.34  
2nd SE 21.59  
3rd DC 22.32  
(Mark Robinson, Josh Davis)

### Single Viking

1st SE 23.14  
2nd DC (Charlie McIntyre) 26.59

### Double Heavy

1st SE 27.12  
2nd SE 27.42  
3rd DC Farrell 30.48  
(Gian Pablo Martine, Mark Maubernet)  
4th SE 31.03

5th DC Hughes 31.31  
(John Blackman, Jim Frew)

### Single Heavy

1st SE 33.06  
2nd DC Austin 34.06  
(Marcus Auerbach)  
3rd DC Bruno (JD Hurst) 34.39  
4th DC Baggiani 36.19  
(Patrick Torre)  
5th SE 38.28  
6th SE 43.42  
7th DC Cecco (Hal Offen) 51.00

## Swim Results

Name	Club	Points
Connolly, Darrin	SE	20
Wilson, Joel	SE	19
Grady, Patrick	DC	18
Marble, Craig	SE	17
Knight, James	SE	16
Ottersburg, John	DC	15
Czelusta, Jesse	DC	14
Engelskirchen, Adam	DC	13
Meerman, Hendrik	SE	12
Brown, Randy	SE	11
Schatz, Steve	DC	10
Silva, Mike	DC	9
Walker, John	SE	8
Mitchell, Greg	SE	7
Browne, Ross	DC	6
Jeha, John	SE	5
Lundsted, Catherine	SE	4
Free, Sue	SE	3
Burtch, Laura	DC	2
Rich, David	DC	1
Benjamin, Bonnie	SE	1

Lengyel, Gabor	SE	1
Bechhoefer, Marta	SE	1
Peinado, Edison	SE	1
Nuckton, Tom	DC	1
Burrell, Andrew	SE	1
Killeen, Nigel	DC	1
Dahlin, Duke	DC	1
Knox, Anders	DC	1
Barbieri, Angelo	SE	1
Delneo, Cathy	SE	1
Meager, Brett	SE	1
Schleelein, Eric	SE	1
Chastain, Amy	SE	1
Nadaner, Dan	SE	1
Dunn, Ann	SE	1
Manzano, Cesar	DC	1
Brown, Bonnie	SE	1
Waterloo, Steve	SE	1
MCLAughlin, Andrew	SE	1
Maguire, Barry	SE	1
Prodoehl, Jason	DC	1
Lavelle, Mickey	DC	1
Power, Conor	DC	1
Ruymaker, Danielle	SE	1
Sapirstein, Julian	DC	1
Stein, Victoria	SE	1
Bruno, Lee	SE	1
Oji, Arnie	DC	1
Nogue, John	DC	1
Borden, John	SE	1
Shuster, Dianna	SE	1
Serebin, Lisa	SE	1
Paoli, Tom	SE	1
Horn, Terry	DC	1
Toubol, Jessica	SE	1
Linthicum, Tom	SE	1
Butler, Joe	SE	1
Tilley, Rebecca	DC	1
Morris, George	DC	1
Levin, Sarah	SE	1
Pearce, Ranie	SE	1
Rose, Ben	DC	1
Shut, David	DC	1
O'Mahony, Andrew	DC	1
Condro, Laurel	SE	1
Kulla, Morgan	DC	1
Phifer, Roxxy	DC	1
Sale, Josh	SE	1
Schoenauer, Anne	SE	1
Green, Ben	SE	1
Michaile, Sherie	SE	1
McCormick, Jim	SE	1
Standlee, Taylor	SE	1
Keenan, Margaret	DC	1
Needham, Daniel	SE	1
James, Doug	DC	1
Coulam, Paige	DC	1
Lawson, Caleb	SE	1
Beemsterbauer, Joni	DC	1
Borden, Donna	SE	1
Farley, Rod	DC	1
Omran, Joe	DC	1
Coleman, Kate	DC	1
Desmond, Joanne	DC	1
Holley, Dawn	DC	1
Harrington, Cathy	SE	1
Filley Brown, Kathryn	SE	1



## DOLPHIN LOG SWIM STATISTICS

Franks, Duane	SE	1	Duhau, Stephanie	SE	1	Lovazzano, Catherine	SE	1
McCormick, Tracy	SE	1	Brenner, Kellen	SE	1	Brownell, Gail	SE	1
Ryan, Kelly	SE	1	Ottersburg, John	DC	1	Gannon, Joe	DC	1
David, Rick	DC	1	Kiernan, Russ	SE	1	Maricle, Marty	SE	1
Avery, Rick	DC	1	Hutton, Kathy	DC	1	deAngelis, Paul	SE	1
Burke, Bill	DC	1	Hanson, Roger	DC	1	Dunn, Ann	SE	1
Hoffman, Jennie	SE	1	Moore, Rory	SE	1	Hoffman, Jennie	SE	1
Frew, Jim	DC	1	Letters, Kristy	DC	1	Goeking, Bryce	SE	1
Mulvihill, Pete	SE	1	Shut, David	DC	1	Coffman, Gretchen	DC	1
Hooper, Kim	SE	1	Rich, David	DC	1	Keenan, Dick	SE	1
McNally, Rosemary	SE	1	Mulvihill, Pete	SE	1	Needham, Daniel	SE	1
Badessa, Dean	DC	0	Meager, Brett	SE	1	Grady, Patrick	DC	1
Coren, Ken	DC	0	Chastain, Amy	SE	1	Anonymous	DC	1
Fonseca, Leigh	DC	0	Watson, Carol	DC	1	Dirienzo, Tina	SE	1
Robinson, Mark	DC	0	Tilley, Rebecca	DC	1	Walker, John	SE	1
Coffman, Gretchen	DC	0	Kelly, Tim	SE	1	Burke, Mary Lee	SE	1
McElvoy, Jackie	DC	0	Curley, Peter	SE	1	Nogue, John	DC	1
Neubauer, Pete	DC	0	Morris, George	DC	1	Camillo, Stacy	SE	1
Navarro, Gerard	DC	0	Linthicum, Tom	SE	1	Graham, Molly	SE	1
Myers, Kent	DC	0	Wachs, Megan	DC	1	Gerk, Stephanie	SE	1
Offen, Hal	DC	0	McGovern-CalderConor	SE	1	Bump, Cathy	SE	1
Wood, Janice	DC	0	Brown, Jeff	SE	1	Kellogg, Andrea	SE	1
Gannon, Joe	DC	0	Phifer, Roxy	DC	1	Cunneen, Patrick	SE	1
Sasaki, Anne	DC	0	McCormick, Jim	SE	1	Holley, Dawn	DC	1
Hershiser, Mia	DC	0	Hiser, Miriam	SE	1	Adrian, Lisa	DC	1

### Run Results

Name	Club	Pts.
Takahashi, Nobu	DC	20
Lanz, Joel	SE	19
Grant, Jim	SE	18
Czelusta, Jesse	DC	17
Munday, Andrew	SE	16
Fausone, Vince	SE	15
Navarro, Gerard	DC	14
Wilhelm, Tom	SE	13
Rehmet, George	DC	12
Lillios, Tony	SE	11
Green, Ben	SE	10
Letters, Matt	DC	9
Power, Conor	DC	8
Jeha, John	SE	7
Lengyel, Gabor	SE	6
O'Mahony, Andrew	DC	5
Avery, Rick	DC	4
Pohlmann, Brent	SE	3
DuComb, Anthony	DC	2
Allen, Patrick	SE	1
Bull, Peter	SE	1

Duhau, Stephanie	SE	1
Brenner, Kellen	SE	1
Ottersburg, John	DC	1
Kiernan, Russ	SE	1
Hutton, Kathy	DC	1
Hanson, Roger	DC	1
Moore, Rory	SE	1
Letters, Kristy	DC	1
Shut, David	DC	1
Rich, David	DC	1
Mulvihill, Pete	SE	1
Meager, Brett	SE	1
Chastain, Amy	SE	1
Watson, Carol	DC	1
Tilley, Rebecca	DC	1
Kelly, Tim	SE	1
Curley, Peter	SE	1
Morris, George	DC	1
Linthicum, Tom	SE	1
Wachs, Megan	DC	1
McGovern-CalderConor	SE	1
Brown, Jeff	SE	1
Phifer, Roxy	DC	1
McCormick, Jim	SE	1
Hiser, Miriam	SE	1
Robinson, Mark	DC	1
Coren, Ken	DC	1
Deasy, Michelle	SE	1
Peinado, Edison	SE	1
Nowell, Keith	SE	1
Maubernet, Mark	DC	1
Condro, Laurel	SE	1
Offen, Hal	DC	1
McCormick, Tracy	SE	1
Austin, Brenda	SE	1
Bruno, Lee	SE	1
Lundsted, Catherine	SE	1
Phillips, Bob	SE	1
Shackelford, Eric	DC	1
Luong, Allen	SE	1
Farley, Rod	DC	1
Coulam, Paige	DC	1
Toubol, Jessica	SE	1
Taylor, Phil	SE	1
Perry, Rachael	DC	1
Newby, William	SE	1
James, Doug	DC	1
Booth, William	SE	1

Lovazzano, Catherine	SE	1
Brownell, Gail	SE	1
Gannon, Joe	DC	1
Maricle, Marty	SE	1
deAngelis, Paul	SE	1
Dunn, Ann	SE	1
Hoffman, Jennie	SE	1
Goeking, Bryce	SE	1
Coffman, Gretchen	DC	1
Keenan, Dick	SE	1
Needham, Daniel	SE	1
Grady, Patrick	DC	1
Anonymous	DC	1
Dirienzo, Tina	SE	1
Walker, John	SE	1
Burke, Mary Lee	SE	1
Nogue, John	DC	1
Camillo, Stacy	SE	1
Graham, Molly	SE	1
Gerk, Stephanie	SE	1
Bump, Cathy	SE	1
Kellogg, Andrea	SE	1
Cunneen, Patrick	SE	1
Holley, Dawn	DC	1
Adrian, Lisa	DC	1
Sale, Josh	SE	1
Ribak, Kurt	SE	1
Howard, Kim	SE	1
Deretski, Zina	SE	1

### 100 Mile Swim

JUNE 1-OCTOBER 31, 2011

Ross Browne	269
Andrew O'Mahony	188
Joe Omran	155
Nancy Cutler	135.5
Alex Buehlmann	127.75
Philip Scarborough	124
Lolly Lewis	120
Tom Nuckton	111
John Nogue	110
Bill Burke	108
Ken Frank	104.5
Joe Illick	104
Stephen Schatz	104
Butch Haze	103
Alan Budenz	101
Doug James	101
Daniel Madero	101
Mark Robinson	101
Julian Sapirstein	101
Janice Wood	101
Suzie Dods	100.5
Scott Anderson	100
Tom Brown	100
Laura Burtch-Zovickian	100
Kim Chambers	100
Duke Dahlin	100
Dawn Holley	100
Anders Knox	100
Pieter Kruit	100
Cesar Manzano	100
John Ottersberg	100
Mike Silva	100
Ralph Wenzel	100



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**2011** : What a year! We had swims with tumultuous water, and swims with seemingly no current at all, we had swims with a plethora of pilots, and swims with the bare minimum... (more IS better...)

The *Wieland* was relaunched, the *Kupuna* emerged once again, the *Filippi* was christened at Lake Merced... Boat Night energy also yielded places of honor in the boathouse for Cuthbert, Evans and Small, as well as maintained the wooden boat fleet with unique camaraderie and great food (gratitude to all who find their way to the Club and to Jon Bielinski and the merry band of chefs -- Connie, Jan and all-- on a Tuesday night)... Jim Storm kept Lake Merced humming, Barry Christian kept the motorized fleet moving, Reuben trained new rowers, Gary Ehram tended the shells and would-be scullers at Aquatic Park... so many people gave so much this year... thank you, thank you. We raised money to support the fleet (more thanks to all who came to the Dinner, got in the action on life vests or other auction items, bought t-shirts, celebrated JD's 50th, donated individually, shopped at ArtSpan, etc.)

Our elite rowers captured prizes across the country -- and the rest of us had a good year too although the DCSE triathlon escaped us... but big thanks to Lolly Lewis, Reuben Hechanova, Anthony Ducomb, Robin Rome, Racheal Perry, Charlie McIntyre and the Wieland crew, and all those who rowed, swam, ran (and especially those who did two or all three!) or helped. We were close this year on the swim and run; next year we will swarm the Cove and take the plaque back!

**2012:** What's your challenge? If you're a swimmer, maybe you'll become a rower! Come to a training (Saturday after the Board meeting, every month) and get started (or re-started). If you're a rower, maybe you'll pilot for the first time. Or pilot more. Or maybe you'll row more often. Or further. 100 miles? (not all at once) Or faster. 25 minute Alcatraz loop? Or you'll row a double or the *Kohlenberg* or the *Viking*. Just takes training and time...

If you're a rower and pilot, maybe you'll learn to use the zodiacs. There'll be training for that, too.

I'm going to learn more about oars, sculls, paddles, even. They connect us to the water, they range from splendid to serviceable, their individual ranges of tolerance of our capacity are appreciable, they allow strokes of genius and falls from grace; this'll be a year to pay attention to them... And I'm going to swim!

No matter how you spend time on the Bay, you will thrive in the midst of the first rounds of America's Cup in July and August, And, of course, with your help, in October, we will take back the Plaque!

I trust we will thrive in the midst of the first rounds of America's Cup, and as we go to press there is a strong movement by Dolphins to assure it. Our commitment to the Cove is clear, our energy is high, our swimming and rowing are bigger and better --and perhaps more active than some realize.

*Here's to a healthy, happy 2012, on and off the water!*

*-Diane Walton*



photo Pete Neubauer

Christening the club's new double shell at our Lake Merced boathouse





The Dolphin Swimming  
& Boating Club  
502 Jefferson Street  
San Francisco, CA 94109

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## 2012 DOLPHIN CLUB SWIM & EVENT SCHEDULE

Jan 1	Sun TBA	New Year's Day Alcatraz
Jan 1	Sun TBA	New Year's Day Cove Swim
Jan 15	Sun 8:00 am	Pier 41
Feb 19	Sun TBA	Old Timer's Lunch
Mar 18	Sun 7:30 am	*Gashouse Cove
Apr 7	Sat 10:00 am	*Yacht Harbor
Apr 28	Sat, 8:45 am	*Pier 39
May 5	Sat 9:00am	*Crissy Field
May 19	Sat TBA	Rowers Dinner
Jun 1	Fri	100-Mile Swim Begins
Jun 10	Sun 6:00 am	*Bay Bridge
Jun 25	Sat 7:00 pm	*Doc Howard Over 45 Gas House Cove
Jul 1	Sun 7:30 am	*Fort Point
Jul 21	Sat TBA	*Trans Tahoe Relay
Jul 28	Sat TBA	*Santa Cruz One Mile
Aug 11	Sat 9:00 am	Joe Bruno Golden Gate
Aug 19	Sun 11:00am	Walt Schneebly Over 60 Cove
Sep 9	Sun 8:30 am	Alcatraz
Sep 23	Sun 8:00 am	Escape from Alcatraz Triathlon
Oct 14	Sun TBA	Dolphin/South End Triathlon
Oct 27	Sat 9:00 am	Dick Beeler Crazy Cove
Oct 31	Wed	100-Mile Swim Ends
Nov 3	Sat TBA	Pilot Appreciation Dinner
Nov 22	Thur 9:00 am	Thanksgiving Day Cove
Nov 23	Fri	Grizzly Bear Challenge
Dec 15	Sat 9:00 am	New Year's Day Qualifier
Dec 21	Fri	Polar Bear Swim Begins
Dec 31	Sat 11:59pm	Grizzly Bear Challenge Ends

### ROWING TRAINING

January 21, Saturday  
February 18, Saturday  
March 24, Saturday  
April 21, Saturday  
May 19, Saturday  
June 23, Saturday  
July 21, Saturday  
August 18, Saturday  
September 23, Sunday  
October 20, Saturday  
November 24, Saturday  
December 22, Saturday

Intro to bay swimming *usually*  
offered Saturday after board  
meetings, check website  
[www.dolphinclub.org](http://www.dolphinclub.org)

### SWIM PROGRAM RULES

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. For out-of-cove swims, swimmers must be members in good standing with club dues current, \$40 swim fees paid, and a current PMS card on file. In-cove swims are free and open to all members.
4. New members are not eligible to swim in scheduled out-of-cove swims for six months from their membership start. However, if one successfully completes the 100-mile swim or 40-mile Polar Bear swim before their six months are up, they can participate in out-of-cove swims.
5. Swimmers must be in attendance at briefing prior to each swim in order to participate.
6. Swim sign-up sheets are posted two weeks prior to each swim.
7. Time limits are imposed and enforced for all swims.
8. All club boats are reserved for scheduled swims.
9. In-town members must successfully complete three swims and pilot or help on at least two others.
10. Out-of-town members (those residing 100+ miles from the club) must have successfully completed two of the last three club scheduled Alcatraz and/or Golden Gate swims or meet Rule 9 above.
11. \* Indicates swim is a qualifier for Alcatraz and Golden Gate Swims

*All times are approximate & subject to change.  
TBD means "to be determined".*

Alcatraz Island  
1.4 miles

Fort Point  
3.5 miles

Crissy Field  
2.5 miles

Yacht Harbor  
1.5 miles

Gashouse Cove  
1 mile

Aquatic Park Cove

Pier 41½  
1.2 miles

Pier 43  
1 mile

